

BOBP/MAG/12



How to Build a Timber Outrigger Canoe

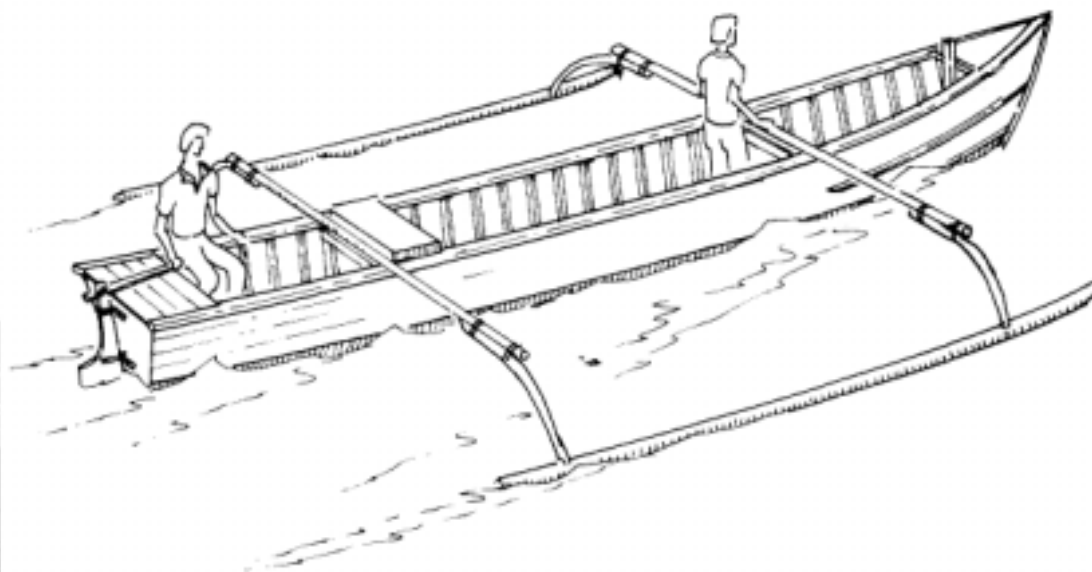


8.6m OUTRIGGER CANOE INS-5

BUILDING INSTRUCTIONS

by

O Gulbrandsen
Consultant Naval Architect



Bay of Bengal Programme
Madras, India
Provincial Fisheries Service of North Sumatera
Indonesia

1993

INTRODUCTION

Dug-out outrigger canoes, traditional fishing craft found from Madagascar in the west to Indonesia and the Pacific Islands in the east, are made from tree trunks of adequate diameter. But logs for construction of large canoes are becoming difficult to find and construction is consequently becoming more and more expensive. Dug-out construction also wastes a lot of timber. For each dug-out canoe, two or three planked canoes can be built. The Bay of Bengal Programme (BOBP) undertook a project in Nias Island, Sumatera, Indonesia, and Sri Lanka to design and construct planked outrigger canoes that would provide an answer to the problems now being faced in building the traditional outrigger canoes.

The outrigger canoe, INS-5, developed by BOBP in Nias Island was fully tested and demonstrated for hook-and-line fishing, using an insulated ice box to preserve the catch, and was found acceptable by fisherfolk in several fishing villages of Nias Island and the west coast of the Province of North Sumatera. This manual, describing the design and construction of this BOBP-designed canoe, is presented in a simple 'how-to-do' format that can be easily used by any boat-builder or carpenter with a little experience. The manual also describes the construction of a canoe with diagonal planking of its sides, as done in Sri Lanka, where it is difficult and expensive to obtain planks of 4-5 m length.

The project for the development of the outrigger canoe and this manual have been sponsored by the Bay of Bengal Programme's "Small-Scale Fisherfolk Communities in the Bay of Bengal" (GCP/RAS/118/MUL). The project was executed by the Provincial Fisheries Service of North Sumatera. An Indonesian edition of the manual has been published in cooperation with the Semarang Fishing Technology Development Centre, Ministry of Agriculture, Directorate General of Fisheries, Indonesia.

The manual shows, step by step, how to build the main hull of the 8.6 m-long INS-5 canoe using sawn planks. The same methods of construction may be used for canoes from 7.5 m to 10.8 m length. Sawn planks are available either cut locally or bought from a timber shop. The different dimensions of timber used have been kept to a minimum and these dimensions correspond to common commercial sizes. The planks alone need to be planed to the correct thickness with an electric planer.

The shape of the canoe is given by the main frames spaced apart. These frames can easily be drawn in full size from the measurements given in the manual.

The bottom of the canoe is crossplanked with two layers of planking to ensure good watertightness even after the craft has been left sitting on the beach for several days. The sides can be planked longitudinally in the conventional way, or diagonally. The diagonal planking is preferred if it is difficult to obtain planks of 4-5 m length.

A wooden boat is only as strong as its fastenings. Only nails and bolts that have been hot dip galvanized are recommended. Note that electroplating is not suitable.

The design, with sharp forebody and moderate width of transom, is suitable for low-powered diesel engines. The INS-5 canoe is fitted with an inboard diesel engine of 6-8 hp with no reverse/reduction gear or clutch. It is a horizontal cylinder engine used for many purposes, such as irrigation pumps and generators. The price of this engine is relatively low and spare parts are easily available. Because the fuel consumption is only half that of a similar outboard engine, it has become the most popular fishing boat engine between 5 hp and 15 hp in Sumatera, Indonesia.

Though this manual has been prepared specially for small-scale carpenters with basic tools, engaged in the construction of small timber craft in remote villages, it could also be useful for trainer-teaching in fisheries schools and extension workers in small-scale fisheries.

The Bay of Bengal Programme (BOBP) is a multi-agency regional fisheries programme which covers seven countries around the Bay of Bengal — Bangladesh, India, Indonesia, Malaysia, Maldives, Sri Lanka and Thailand. The Programme plays a catalytic and consultative role: it develops, demonstrates and promotes new techniques, technologies or ideas to help improve the conditions of small-scale fisherfolk communities in member-countries. The BOBP is sponsored by the governments of Denmark, Sweden and the United Kingdom, by member-governments in the Bay of Bengal region, and also by AGFUND (Arab Gulf Fund for United Nations Development Organizations) and UNDP (United Nations Development Programme). The main executing agency is the FAO (Food and Agriculture Organization of the United Nations).

This document is a manual which has been prepared by O Gulbrandsen, Consultant Naval Architect. It has not been cleared by the Government concerned or the FAO.

ALL DIMENSIONS ARE IN MM UNLESS OTHERWISE STATED

TIMBER

Two different types of timber are required:

- A** A rot-resistant timber for internal parts that are difficult to replace, such as frames, keel and battens. This timber should usually be of medium weight, 650kg/m^3 , or 750kg/m^3 when it is air-dried.
- B** A stable timber for the outside planking that does not swell and shrink much with changes in humidity. This timber should usually be of low weight, $500\text{ - }600\text{ kg/m}^3$.

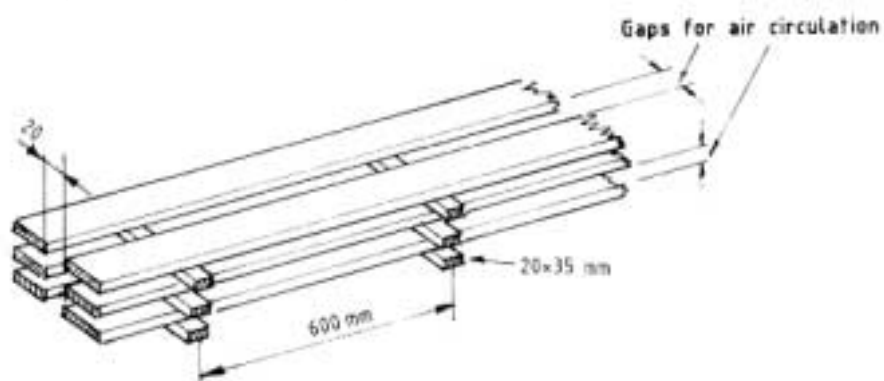
The list for timber (below) includes an allowance of 25% for wastage


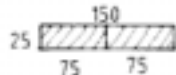
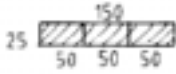
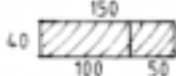
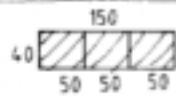
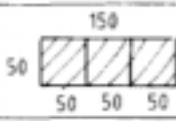
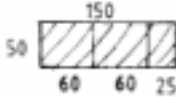
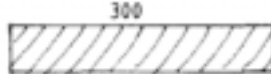
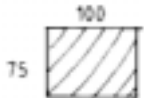
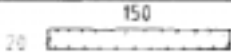
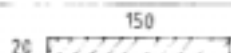
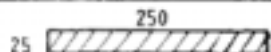
Note: The list does not include the building jig (see page 7)

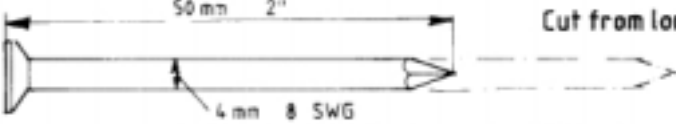
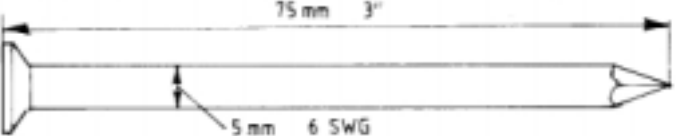
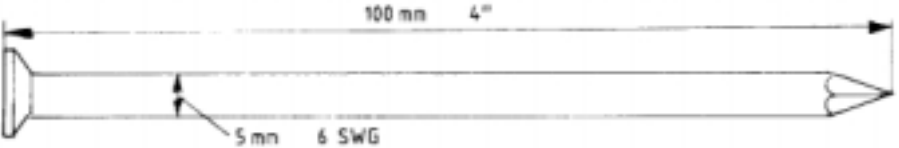


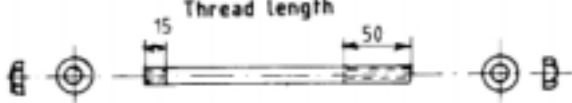

TYPE OF TIMBER	DIMENSIONS SAWN mm	MINIMUM LENGTH m	NUMBER OF PIECES	TOTAL LENGTH m	TOTAL VOLUME m^3
	25x150	4	7	28	
	40x150	4	9	36	
A	50x150	5	4	20	0.59
	50x300	1.8	1	1.8	
	75x100	4	1	4	
	100x200	3	1	3	
	20x150	4	32	128	
B	20x 150	5	15	75	0.73
	25x250	4	6	24	

AIR DRYING

The timber must be stored under a roof, protected against sun and rain. Minimum time for air-drying is 3 months after sawing.



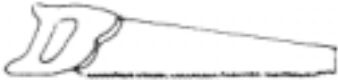
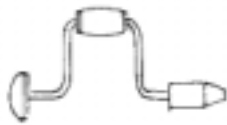


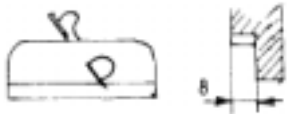
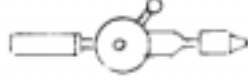
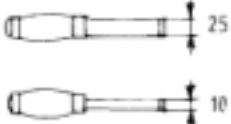



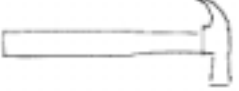

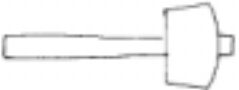

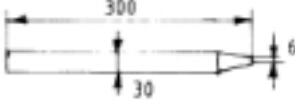


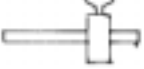


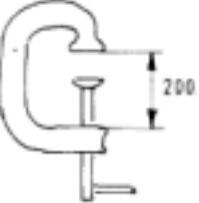



SAWING AND PLANING – AFTER AIR DRYING						2
TYPE OF TIMBER	DIMENSIONS SAWN mm	LENGTH m	NUMBER OF PIECES	DIMENSIONS PLANED mm	NUMBER OF PIECES	
A		4	5	20 × 140	5	
		4	1	20 × 70	2	
		4	1	20 × 45	3	
		4	4	35 × 45	4	
				35 × 90	4	
		4	5	35 × 45	15	
		5	2	45 × 45	6	
		5	2	45 × 55	4	
				20 × 45	2	
		1.8	1	45 × 300	1	
		4	1	70 × 90	1	
B		4	32	15 × 140	32	
		5	15	15 × 140	15	
		4	6	20 × 240	6	

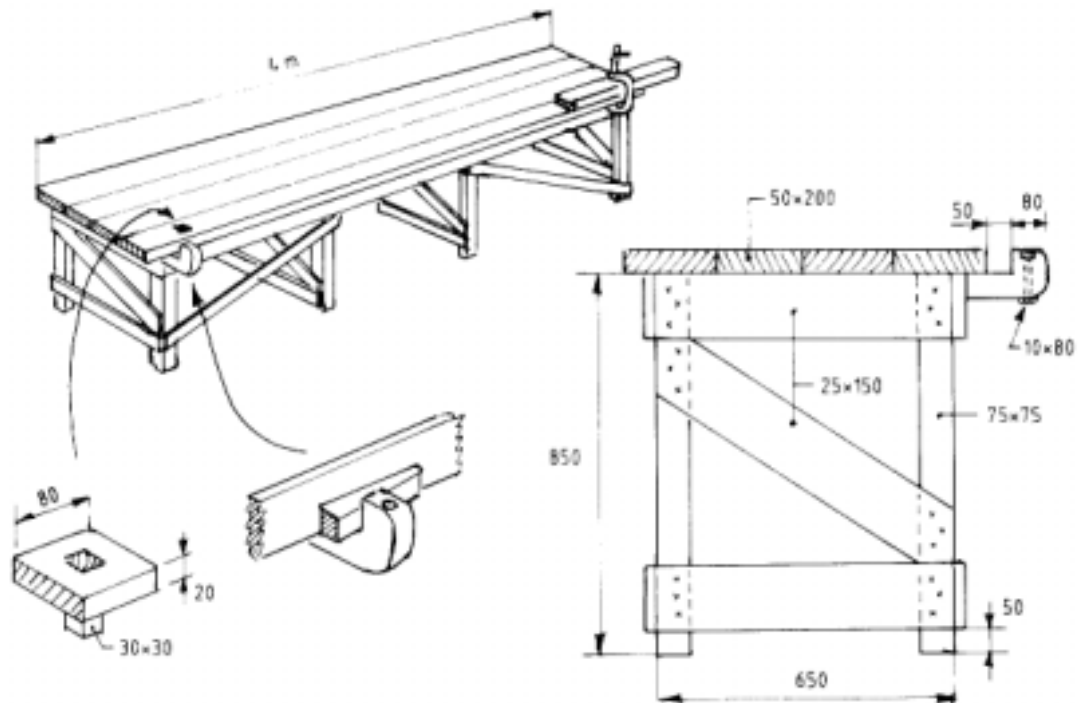
FASTENINGS			3
Fastenings must be HOT DIP GALVANIZED, i.e. they must be dipped in a molten zinc bath to obtain a thick zinc cover (Electro-galvanized fastenings must not be used)			
ROUND WIRE NAILS HOT DIP GALVANIZED			
Round wire nails available locally are generally too thin in relation to the length necessary for boat-building use. Either a special order must be made from a nail factory, or longer nails of the correct diameter should be cut down to size and then galvanized.			QUANTITY
			11 kg
			1.5 kg
			0.6 kg
BOLTS WITH NUTS AND WASHERS HOT DIP GALVANIZED			
 CARRIAGE BOLTS	DIMENSION		QUANTITY
	mm	inch	
	10 x 75	3/8 x 3	10
	10 x 150	3/8 x 6	7
 THREADED ROD WITH NUTS	10 x 220	3/8 x 9	1
	10 x 280	3/8 x 11	4
BOLTS WITH NUTS AND WASHERS STAINLESS STEEL FOR PARTS THAT ARE REMOVABLE			
 THREADED ROD WITH NUTS	10 x 50	3/8 x 2	6
	10 x 100	3/8 x 4	2
	10 x 110	3/8 x 4 1/2	7
	10 x 230	3/8 x 9 1/2	1
 COACH SCREWS	10 x 50	3/8 x 2	2

MISCELLANEOUS	
ITEM	QUANTITY
Nylon flyscreen 1m wide roll	8 m
Bitumenous compound (roofing compound, Hydroseal)	15 kg
Hemp for caulking	0.2 kg
Filler	1kg
Wood primer	12 Liter
Glossy paint (topcoat)	liter
Antifouling paint	2 liter
Anticorrosive primer for steel	0.5 liter
Kerosene	3 Liter
Terpentine or white spirit	2 titer
Glasspaper, coarse	8 sheets
Glasspaper, fine	8 sheets
Polystyrene 75 1000 1000 mm	2 sheets
Stainless steel flat 2 x 25 x 1300 mm (See alternative page 32)	1 Pc
Stainless steel rod 16 x 150 mm (Rudder, page 32)	1 Pc
ENGINE_AND_ACCESSORIES	
Diesel engine, horizontal cylinder, hopper cooled, 6 hp- 8 hp /2200 rpm	1pc
Propeller shaft, stainless steel 316, diameter=22 mm, length = 1640mm	1pc
Propeller, bronze, three blade, left handed, diameter = 240 mm= 9 1/2 pitch=165mm=6 1/2"	1pc
Stern tube with bearings and greasing system. Between flanges = 1500 mm	1
Flexible coupling propeller shaft to engine with bolts	
Angle iron for making engine bed 7 x 50 x 50	2.3 m
Metal shims for engine alignment 1 mm	8 PC
" " 3 mm	4 pc
Hexagonal bolts 12 x 50 with double nuts for engine fixation	4 pc
Exhaust pipe with water injection elbow	1 Pc
Exhaust through hull fitting	1 pc
Wafer scoop with through hull fitting, tube outside diameter=19 mm	1pc
Cooling water fitting for bloting to engine, tube outside diameter =19 mm	1pc
Hose for cooling water inside diameter = 19 mm	3 m
Hose for exhaust, heat resistant rubber, inside diameter = 50 mm	0.4 m
Hose clamp to suit 20 mm hose preferably stainless steel	4 Pc
Hose clamp to suit 50mm hose preferably stainless steel	4
Rudder fittings	1set
Glandpacking for stern tube	0.25m
Grease for sterntube	1kg
Spring 250 mm for engine throttle	1 pc
Pulley, brass, for 5mm throttle rope	1pc

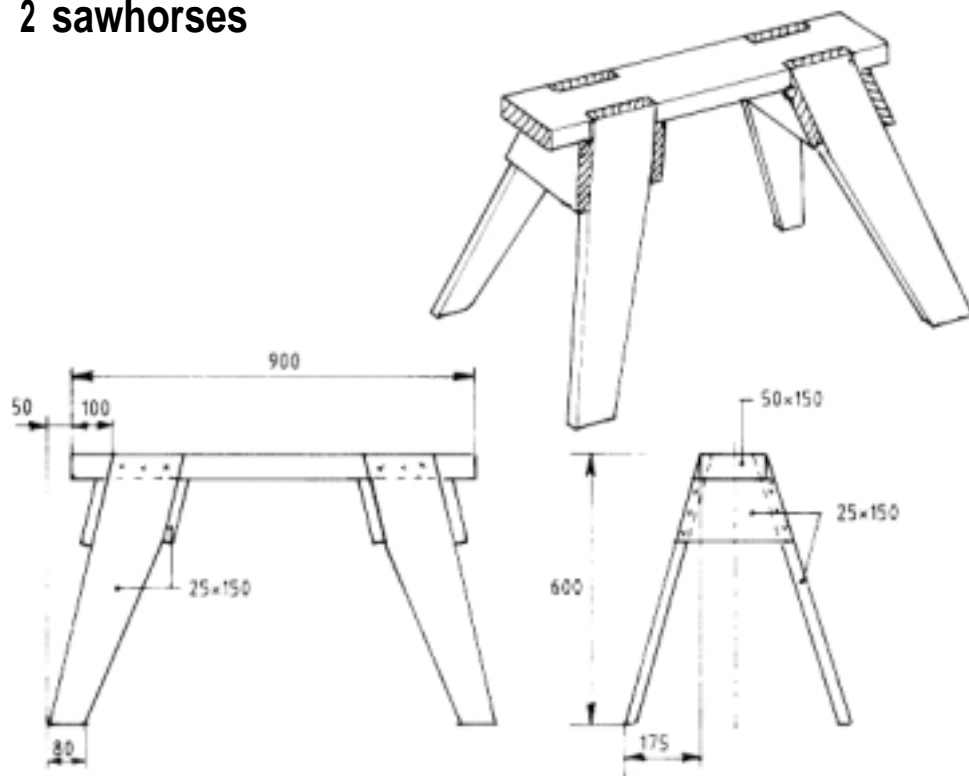
TOOLS

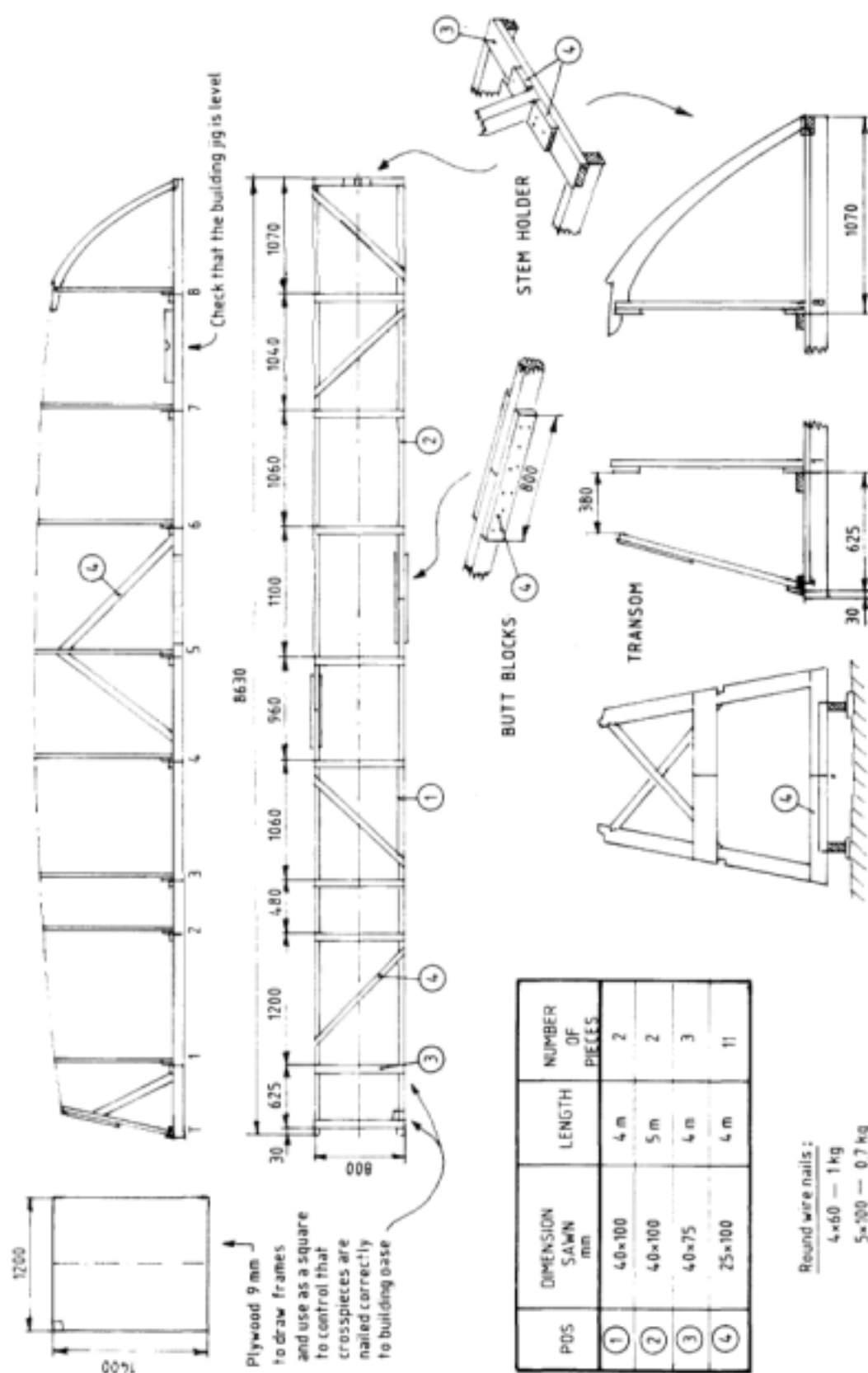
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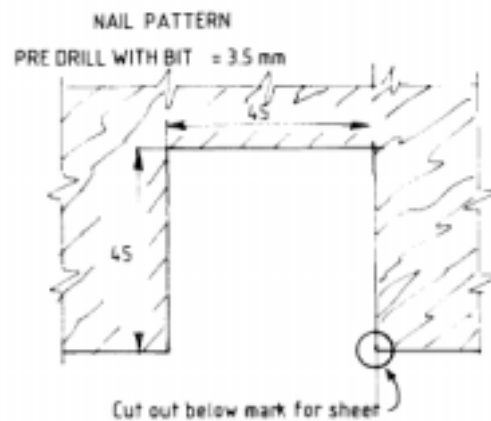
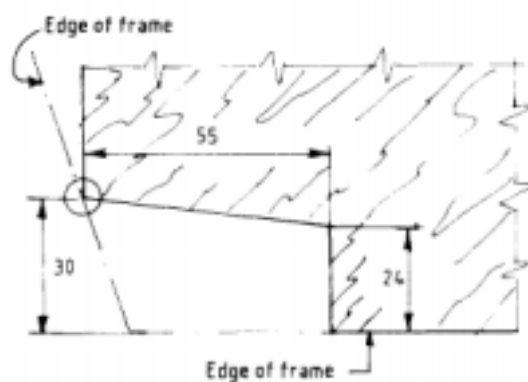
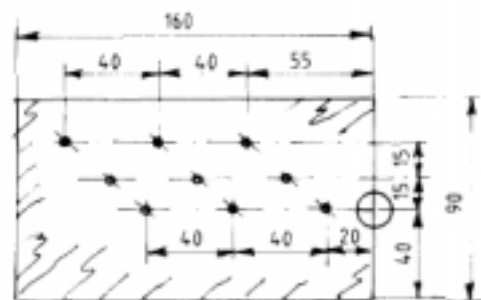
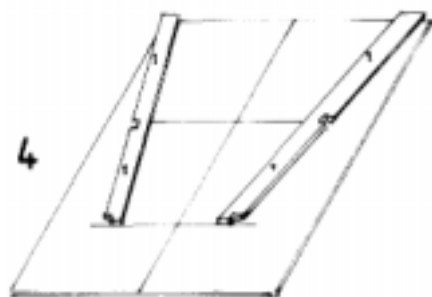
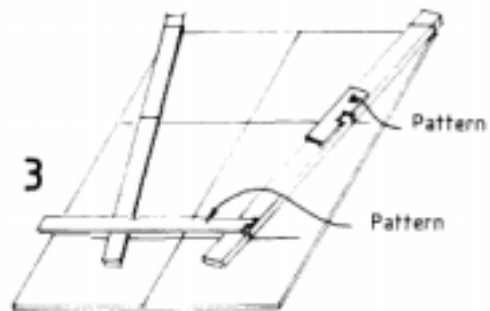
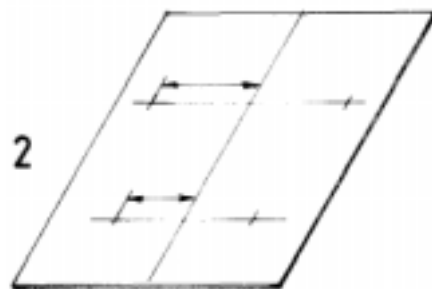
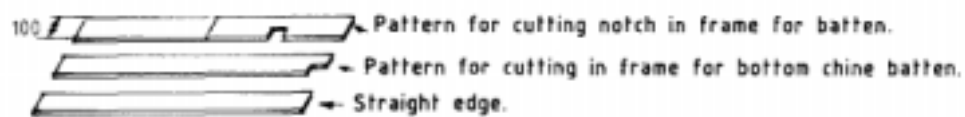
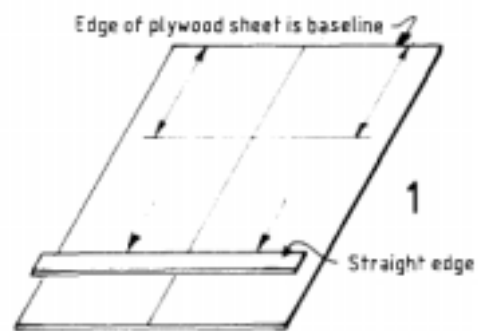
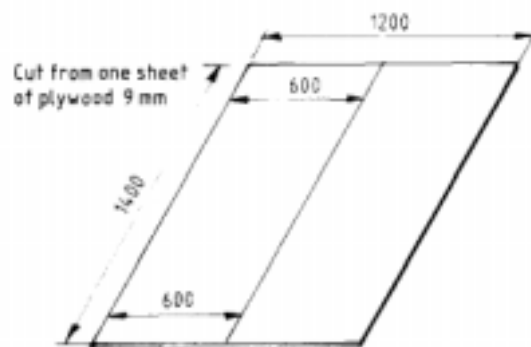
 <p>Crosscut saw</p>	 <p>Ratchet brace</p>
<p>Planes</p> 	 <p>Breast drill</p>
 <p>Rabbit plane</p>	 <p>Hand drill</p>
 <p>Chisels</p>	<p>Drill bits</p> 
 <p>Sharpening stone Combination coarse / fine</p>	 <p>Measuring tape Pencil Ballpen</p>
 <p>Claw hammer</p>	 <p>Straight edge Cut from 9 mm plywood 1.2 m long</p>
 <p>Wooden mallet</p>	 <p>Square</p>
 <p>Holding iron</p>	 <p>Bevel</p>
 <p>Nail punch</p>	 <p>Marking gauge</p>
 <p>Rasp</p>	 <p>Plumb bob</p>
 <p>G-clamp 4 pieces</p>	 <p>Hacksaw With 5 spare blades</p>
	 <p>Open end / box end spanner To fit nuts of 10 mm and 12 mm bolts 2 spanners of each size</p>
	 <p>Spirit level</p>

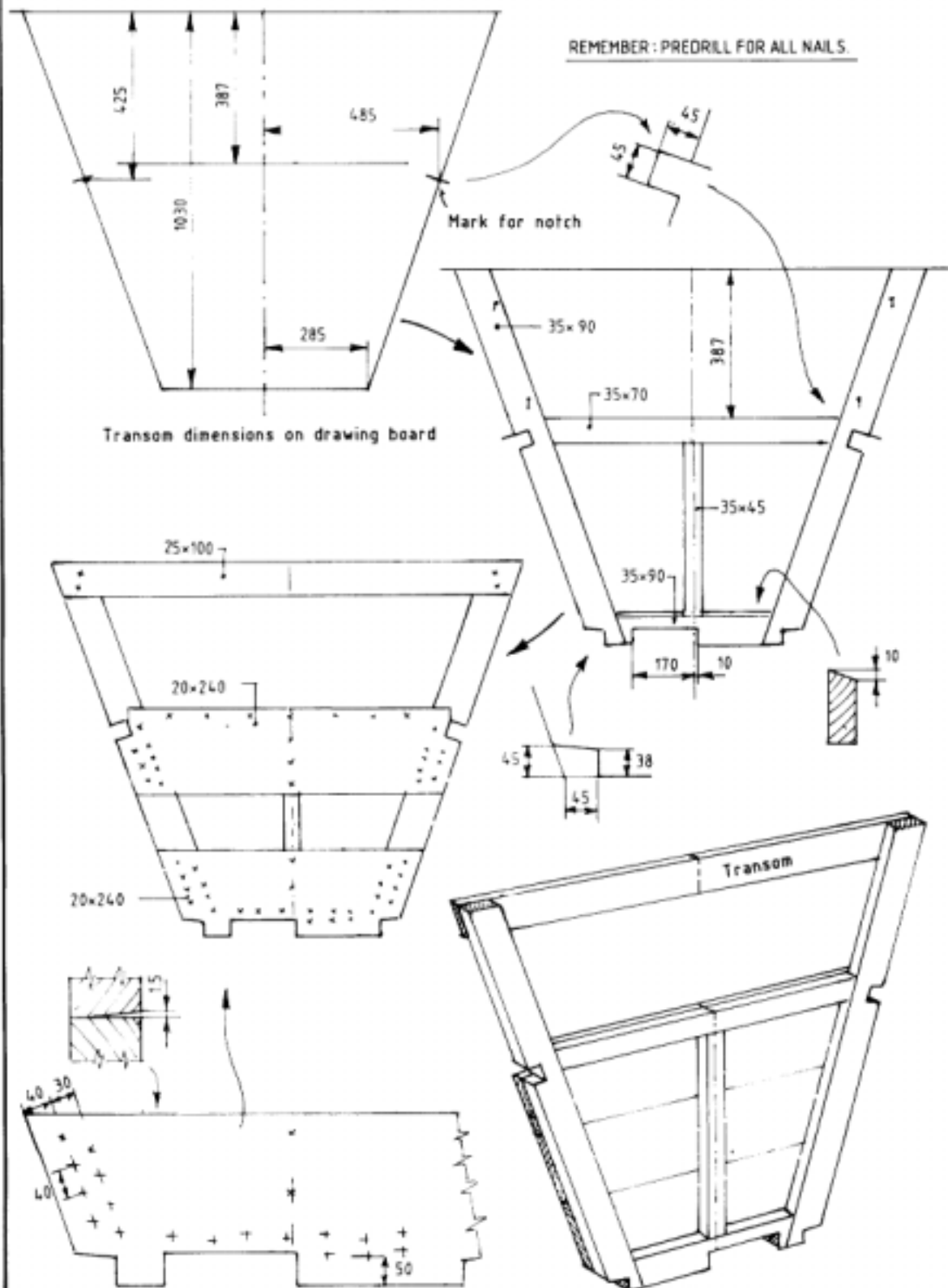


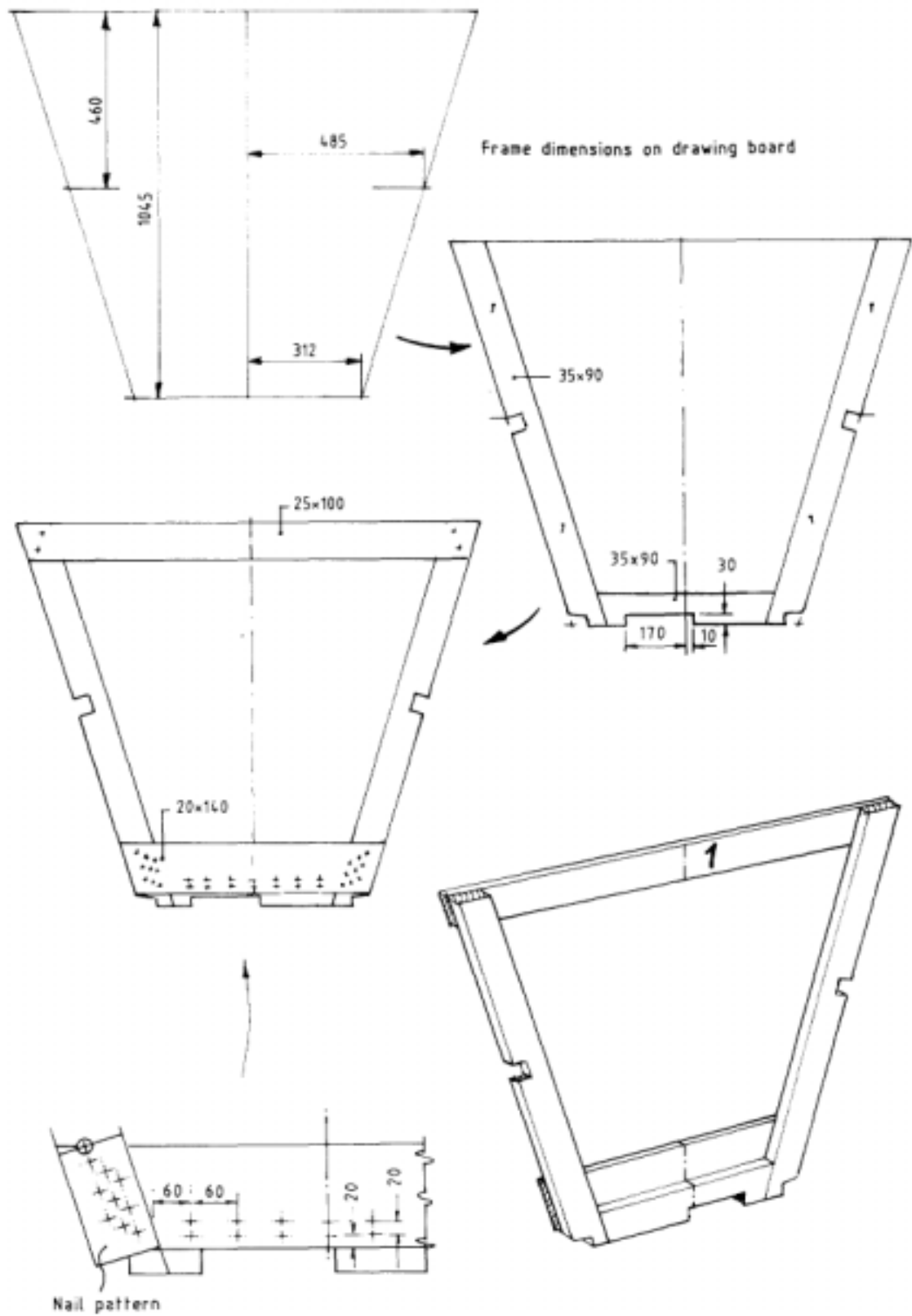
Make 2 sawhorses

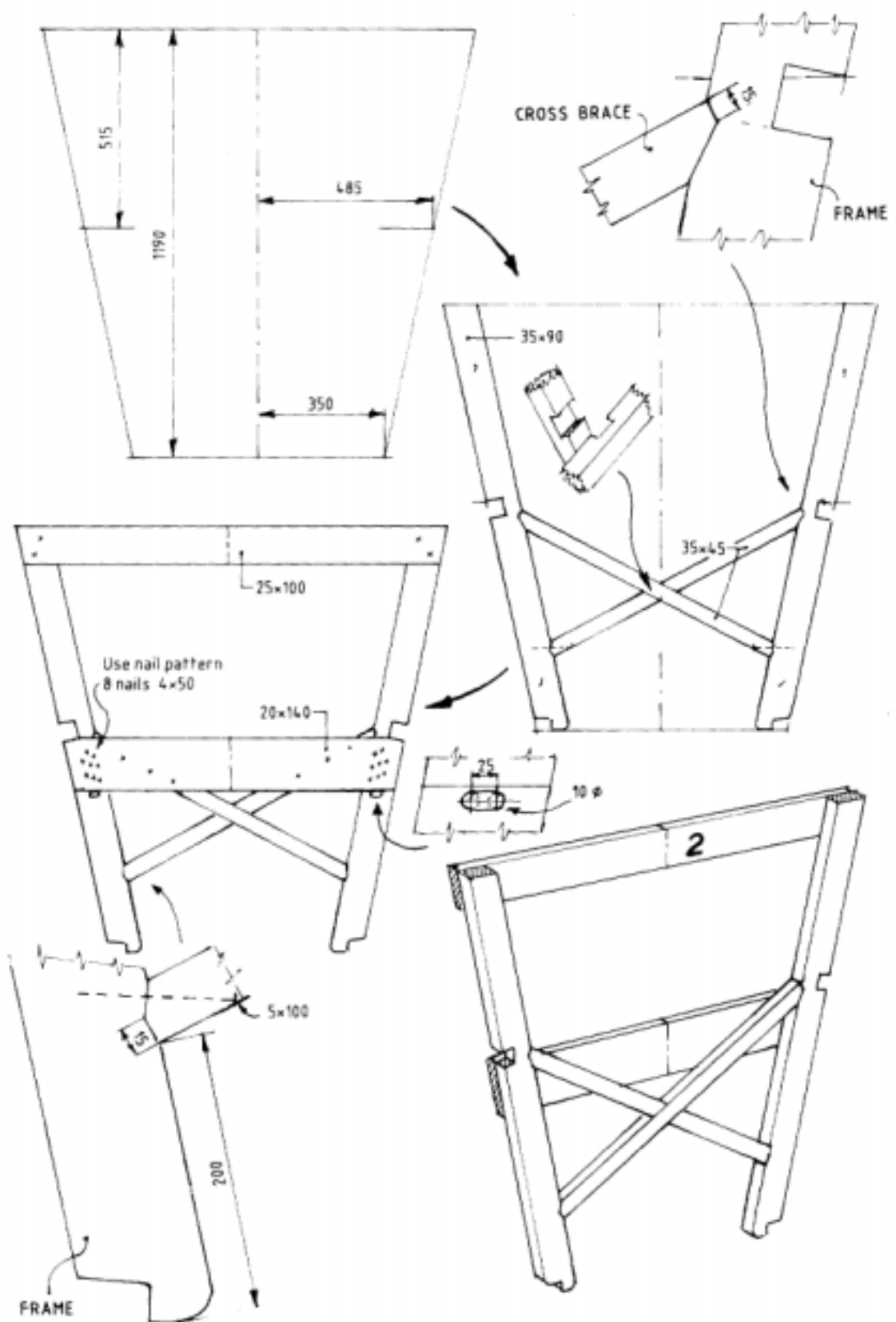


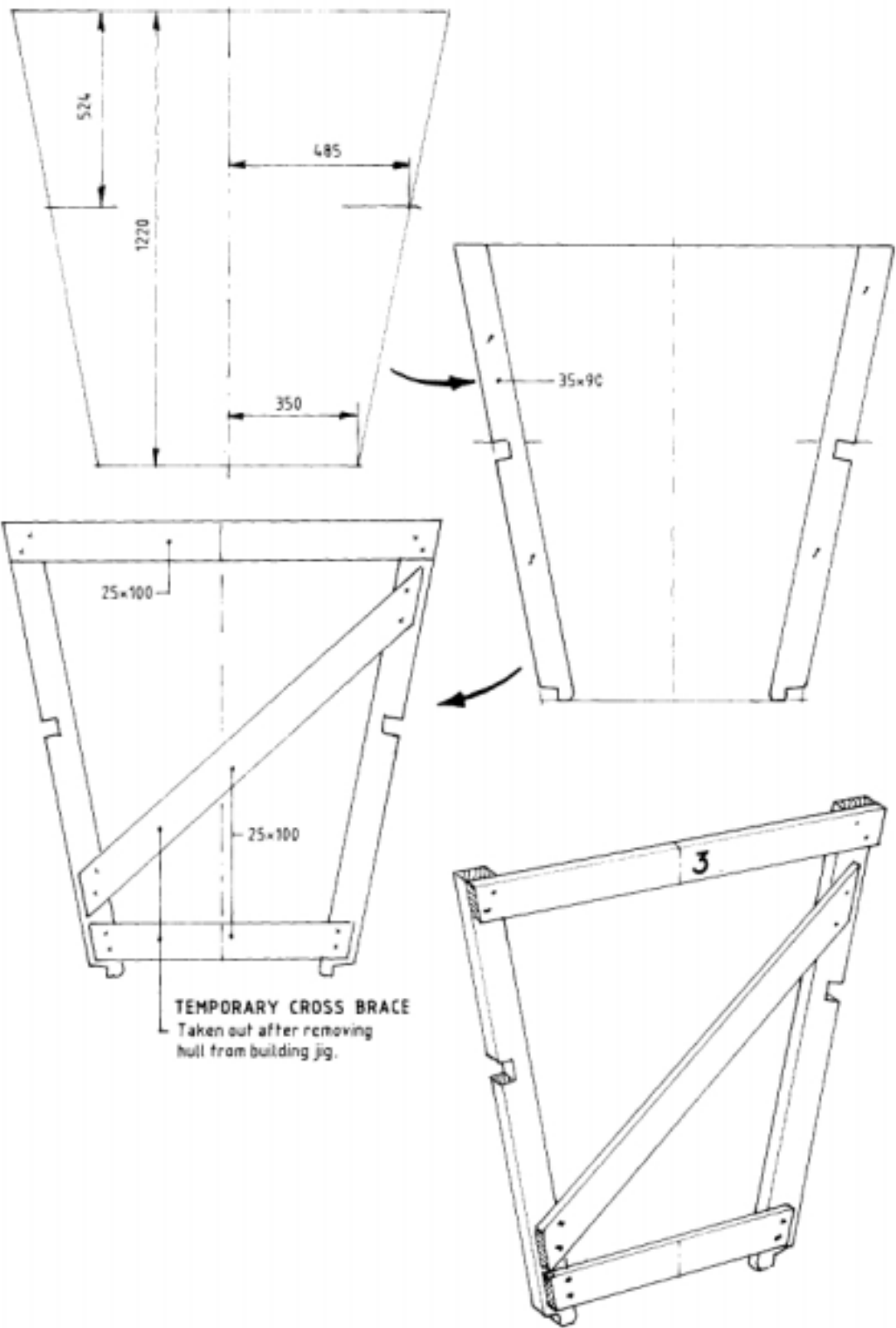


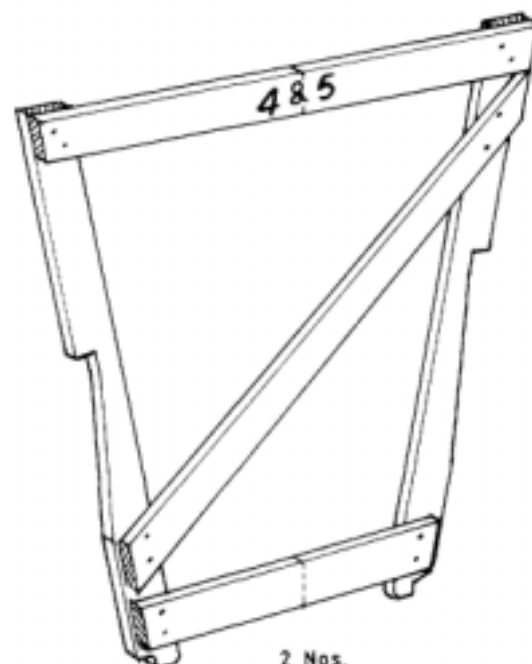
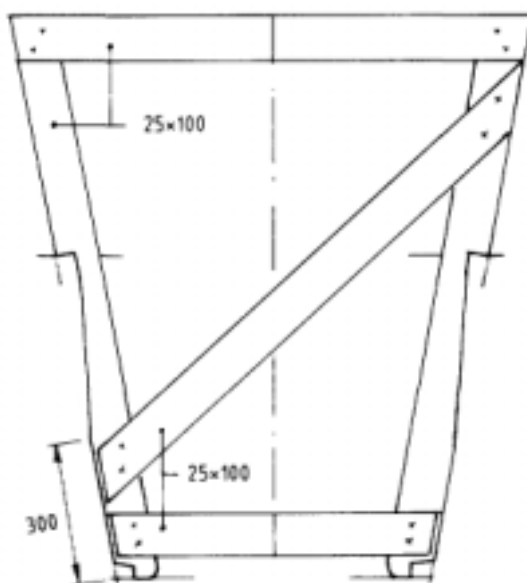
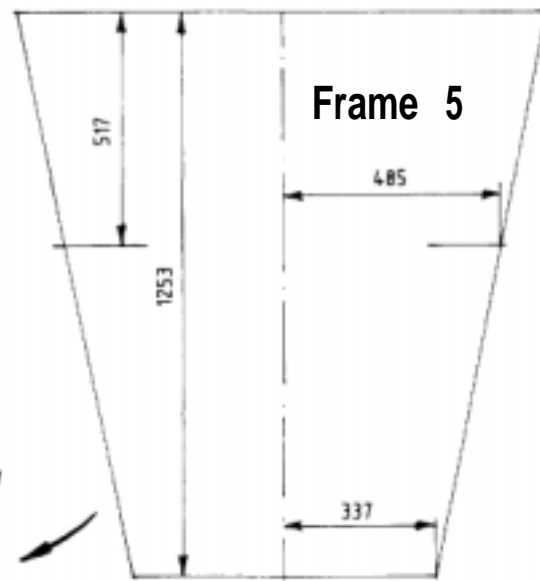
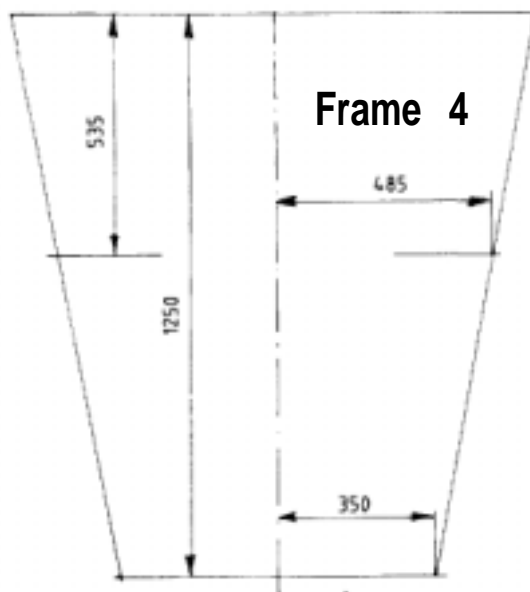




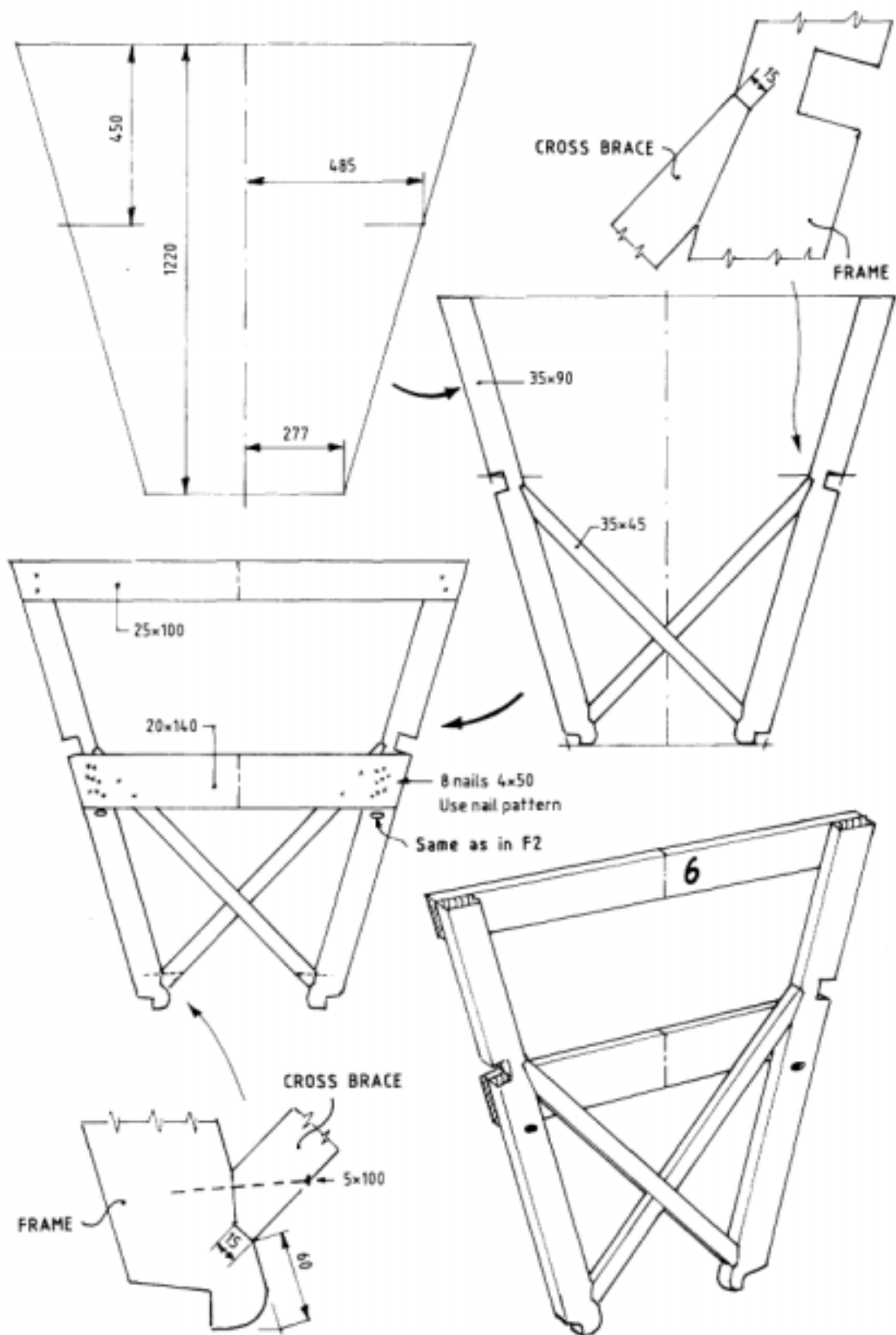


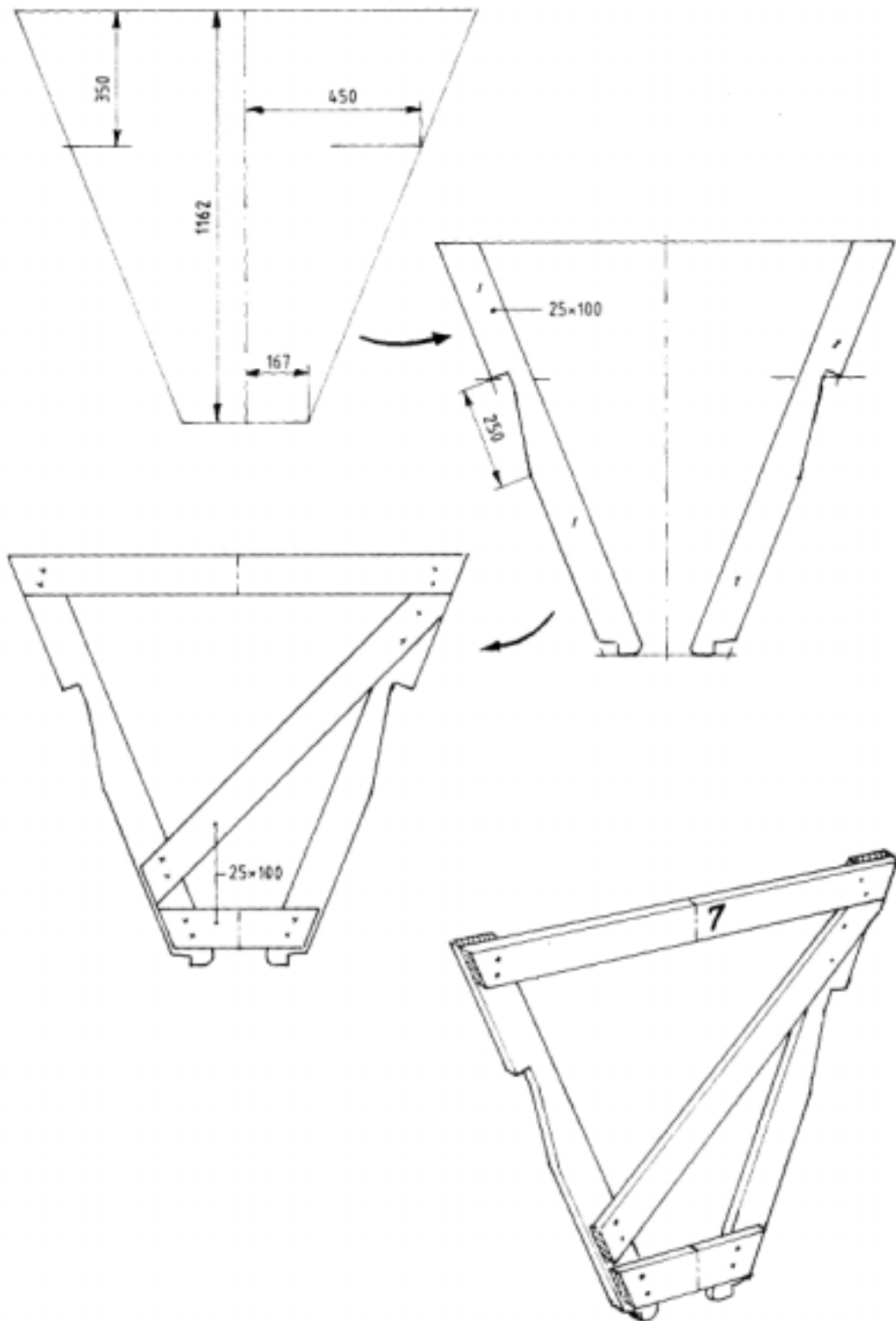


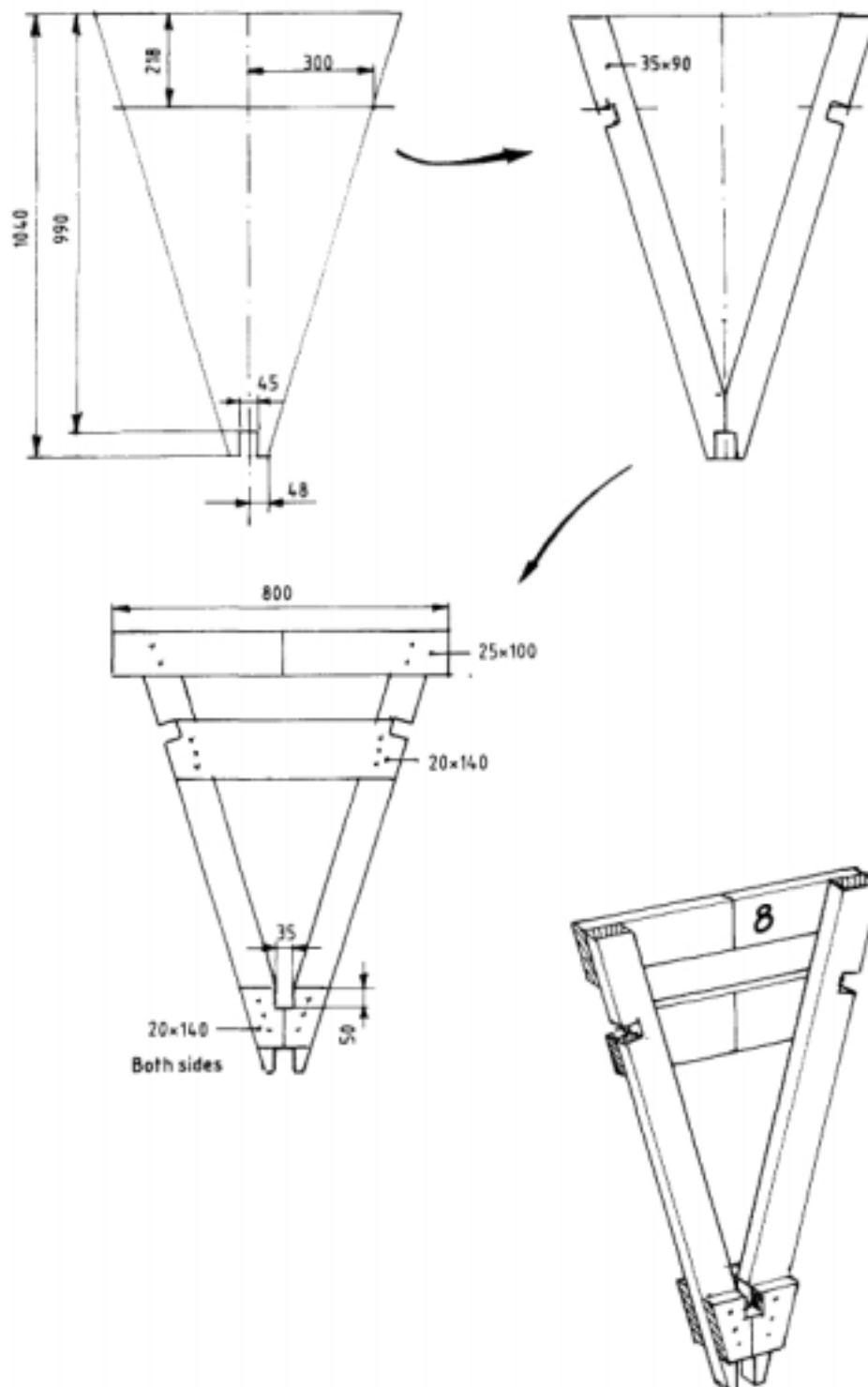


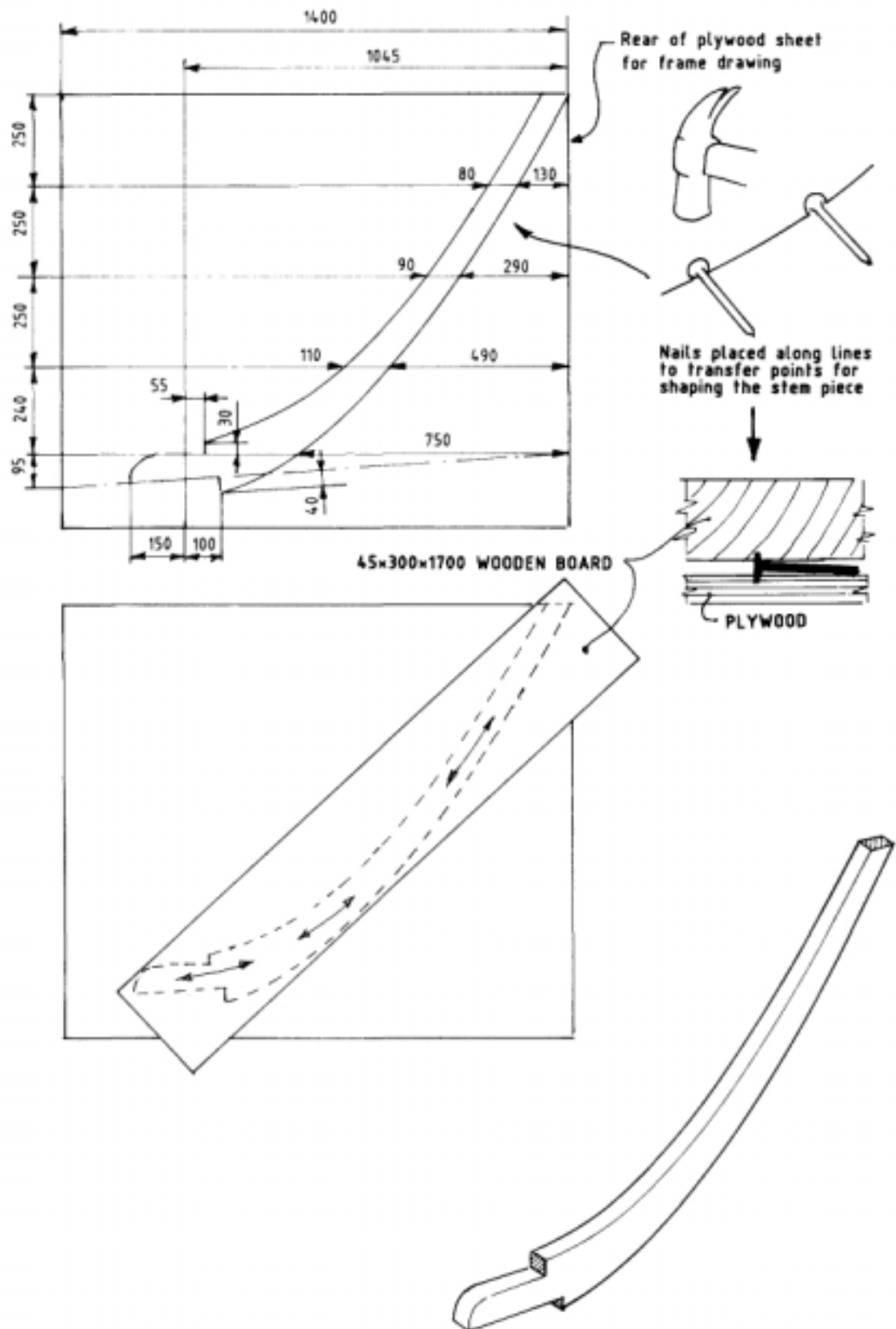


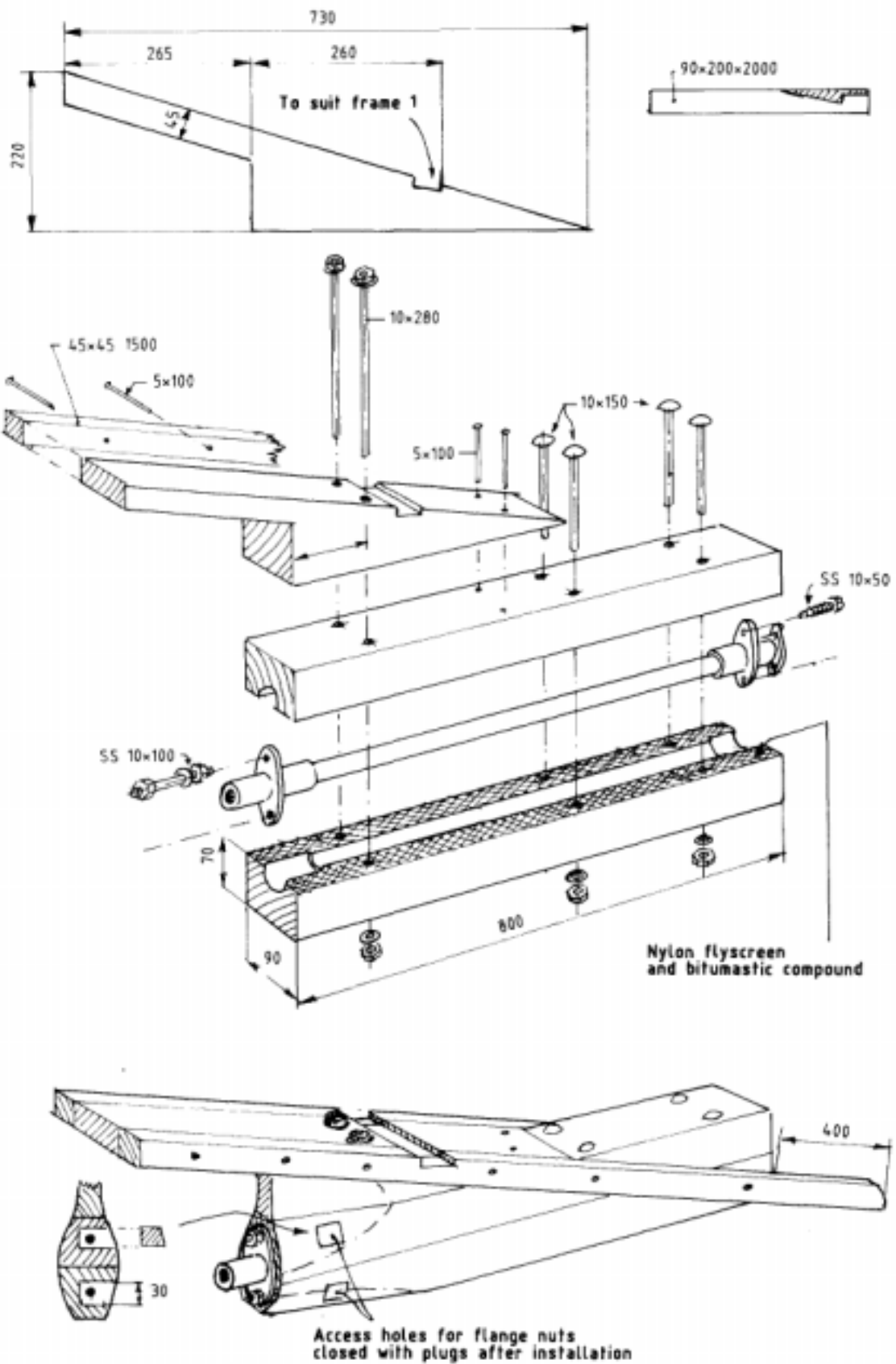
CONSTRUCTION IS SIMILAR FOR BOTH FRAMES

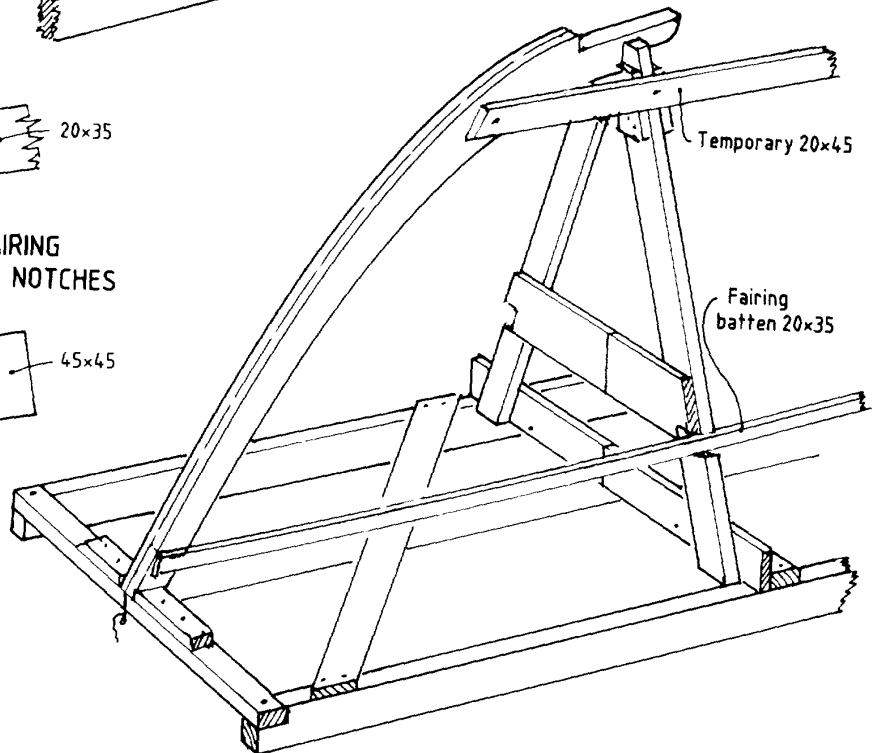
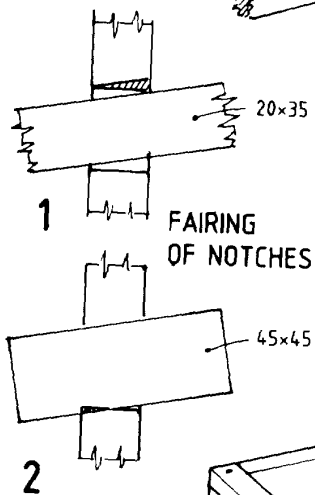
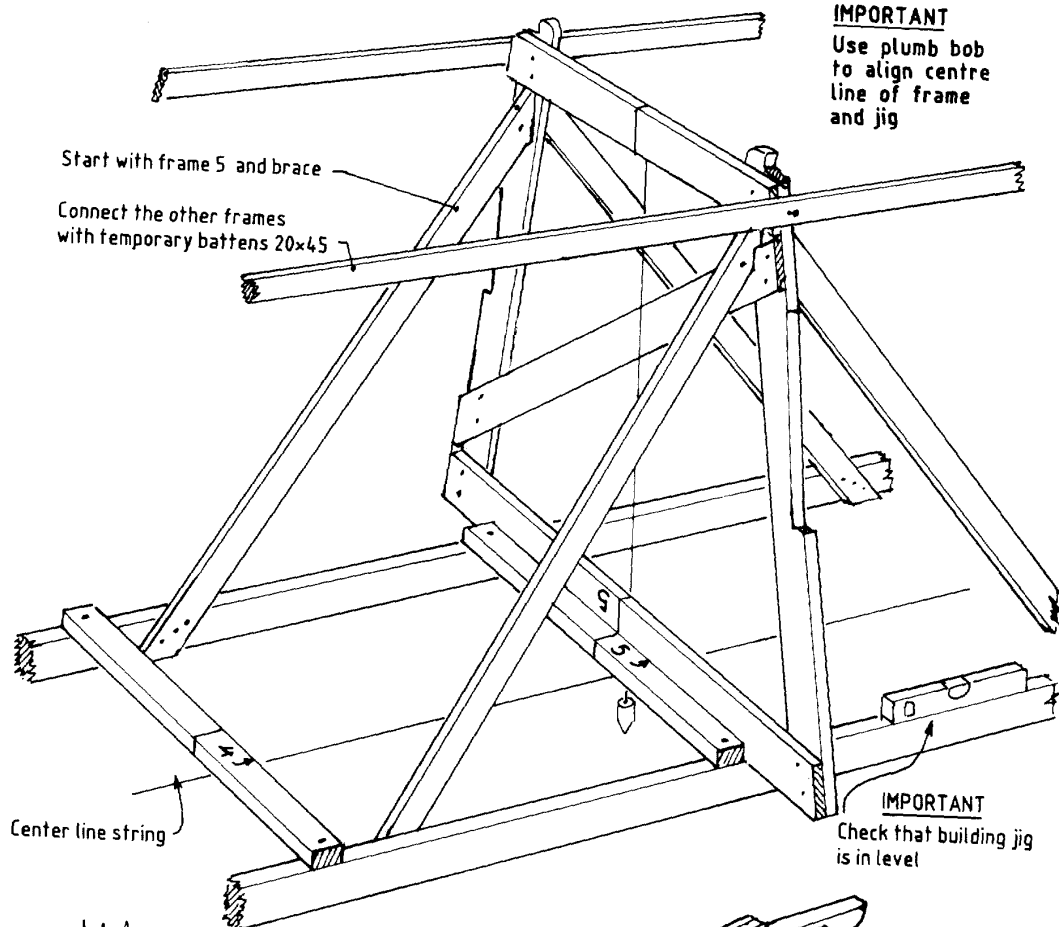


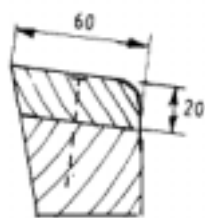
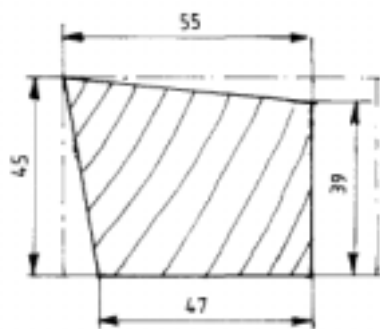




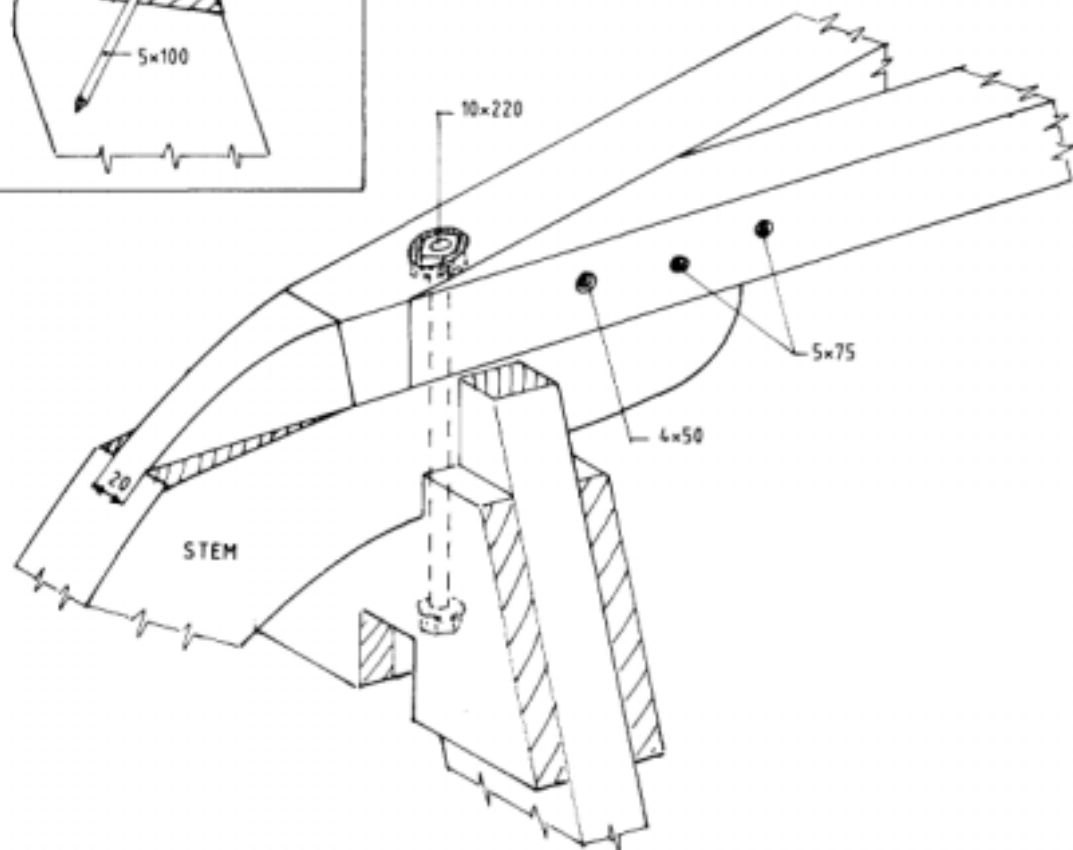
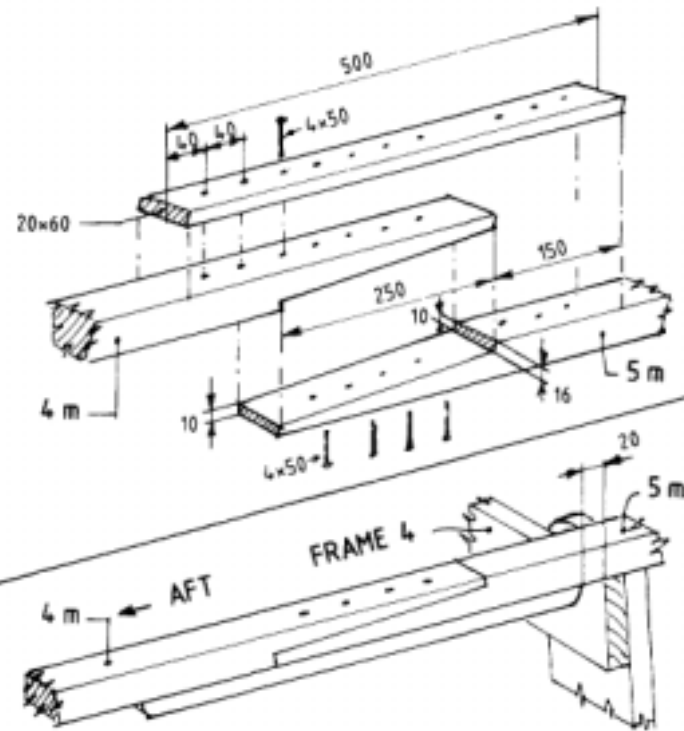
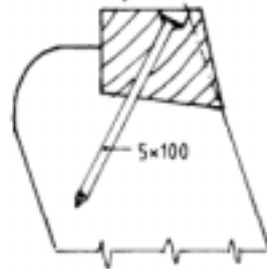


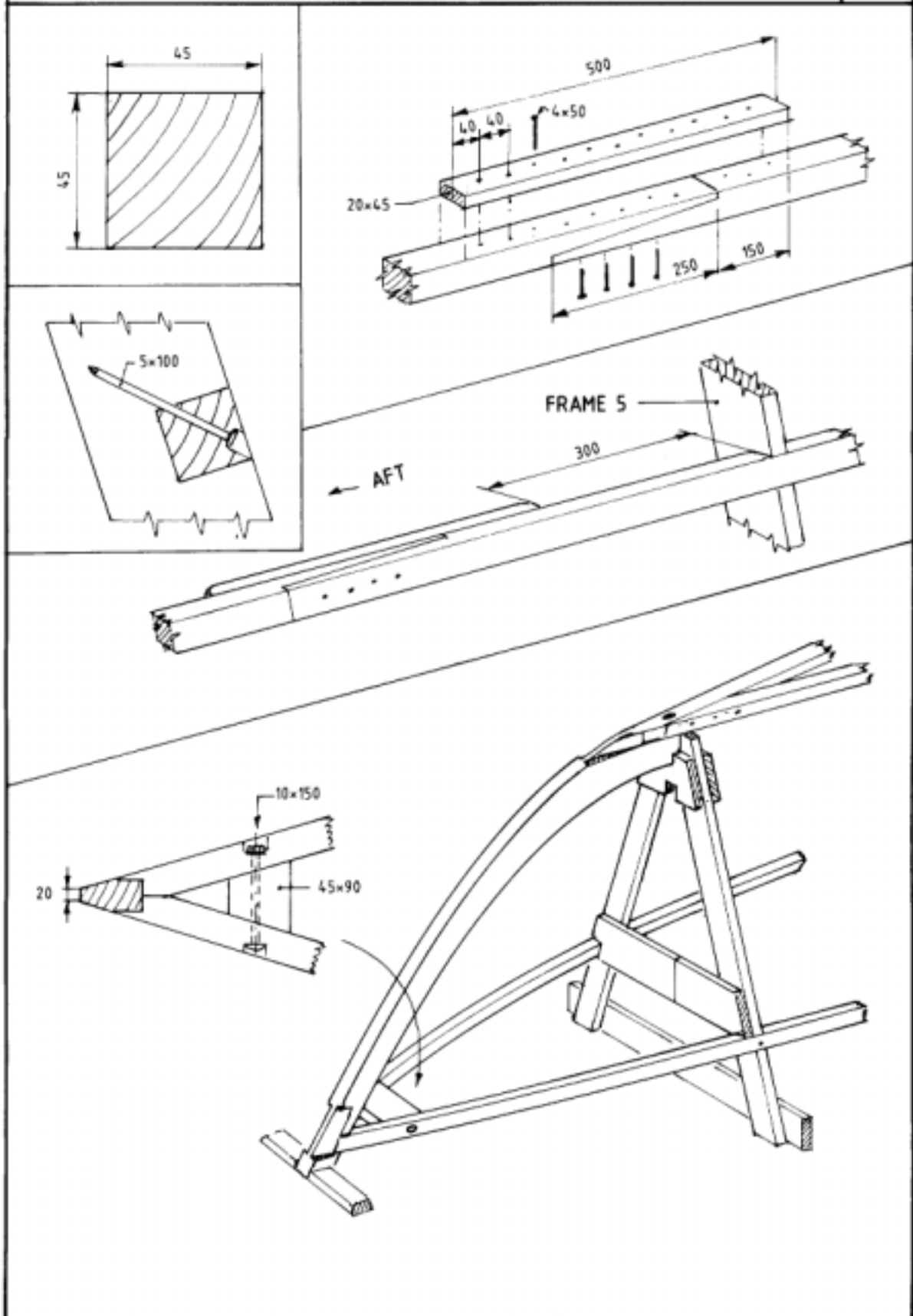


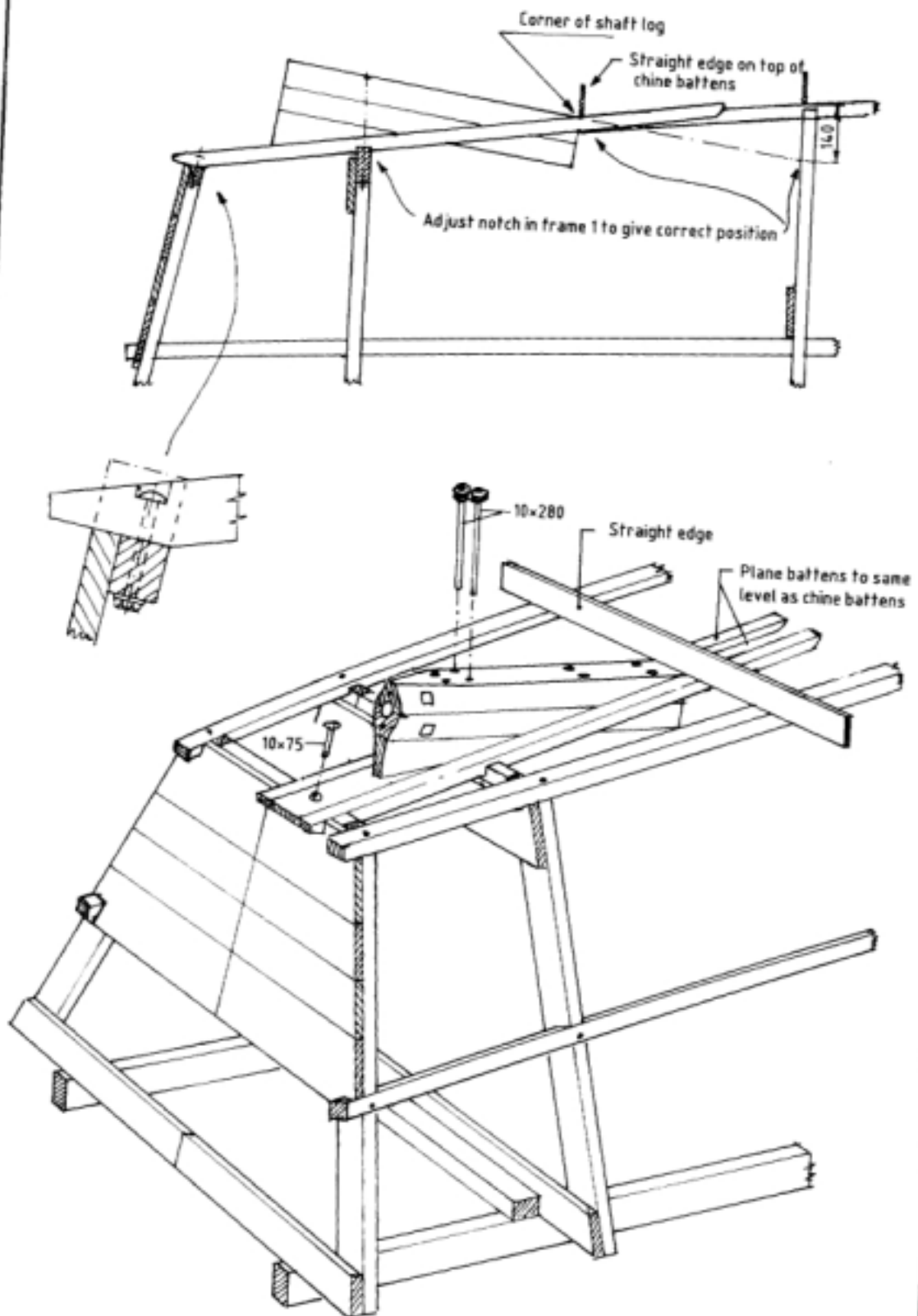


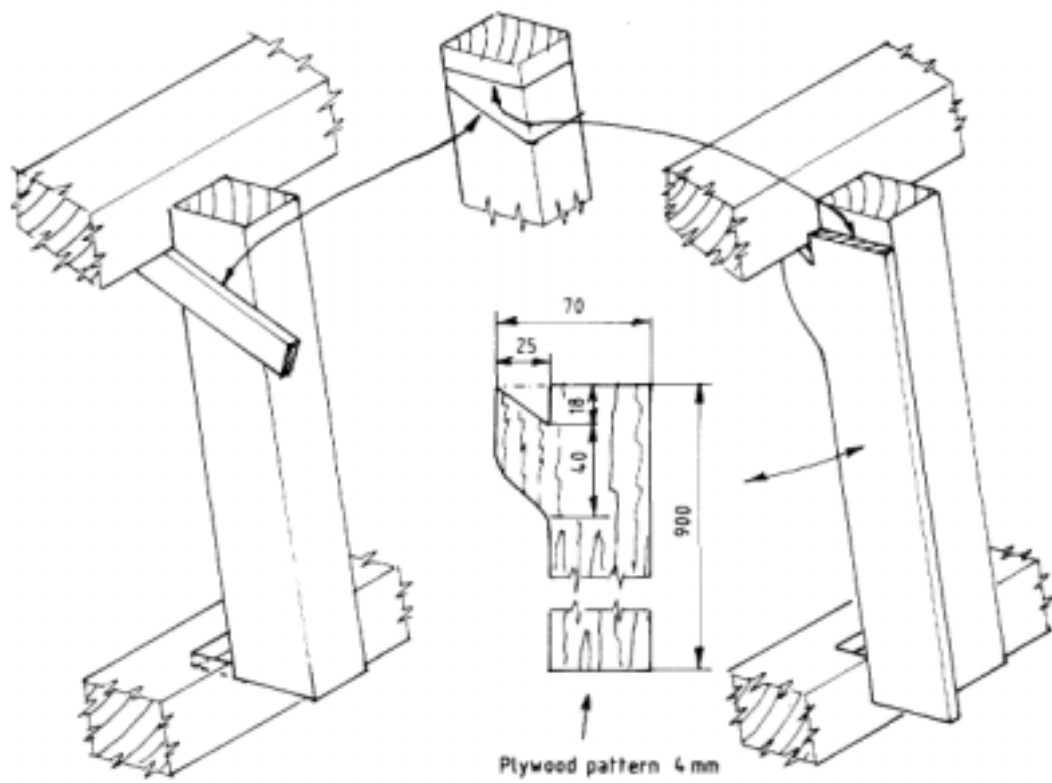
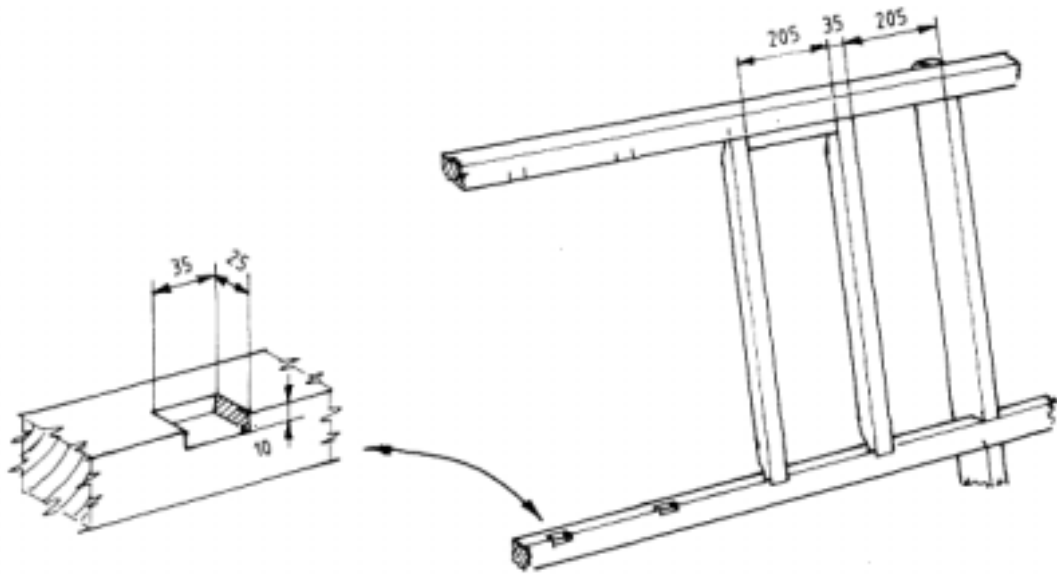


Bevel chine
where necessary

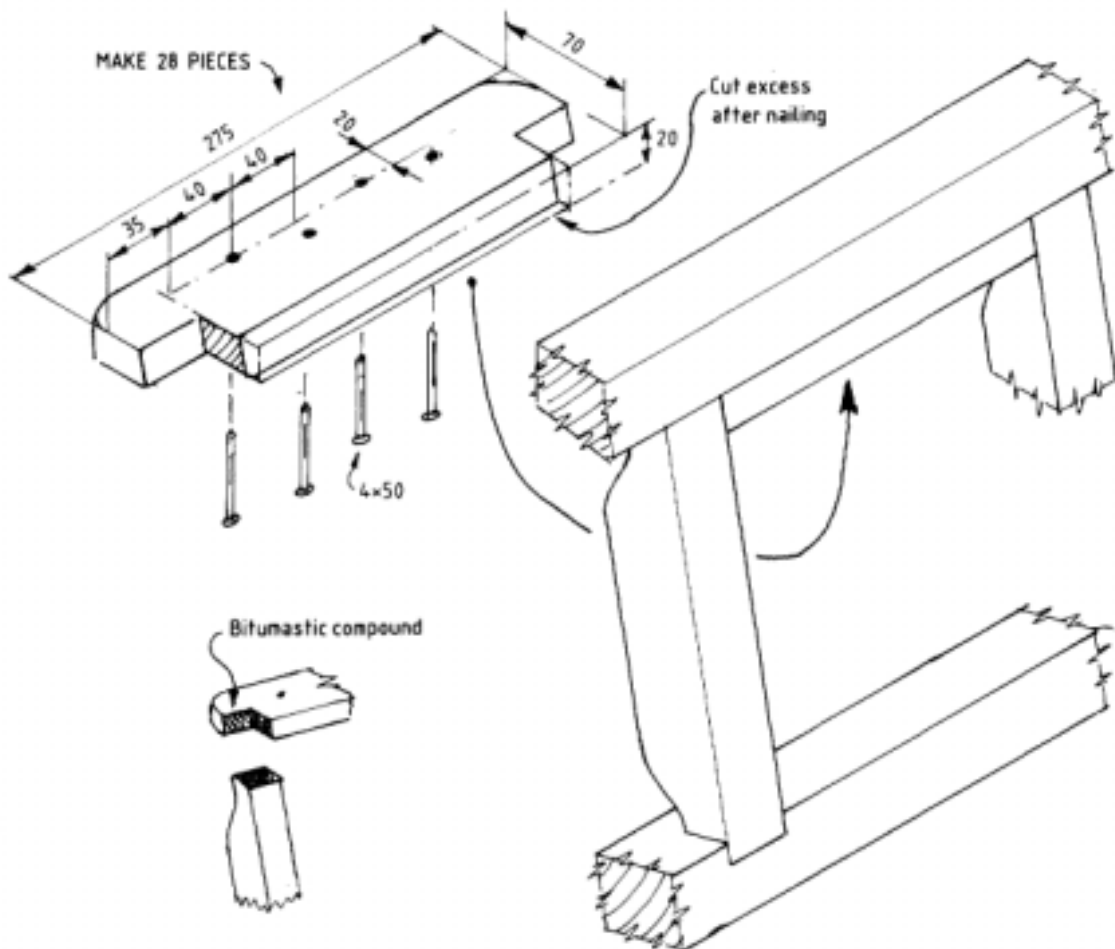
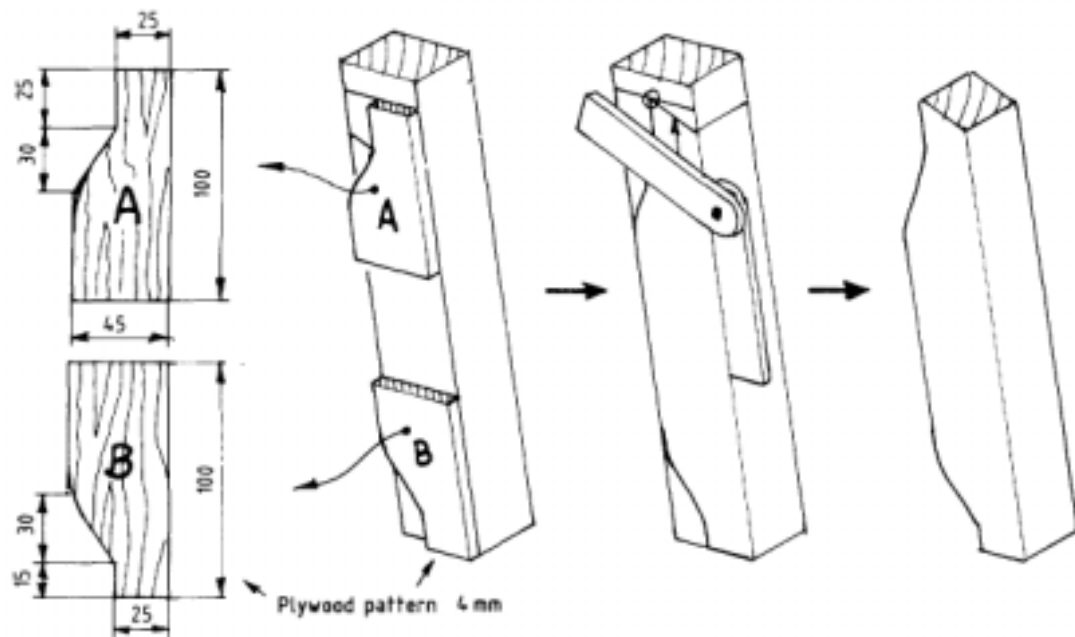


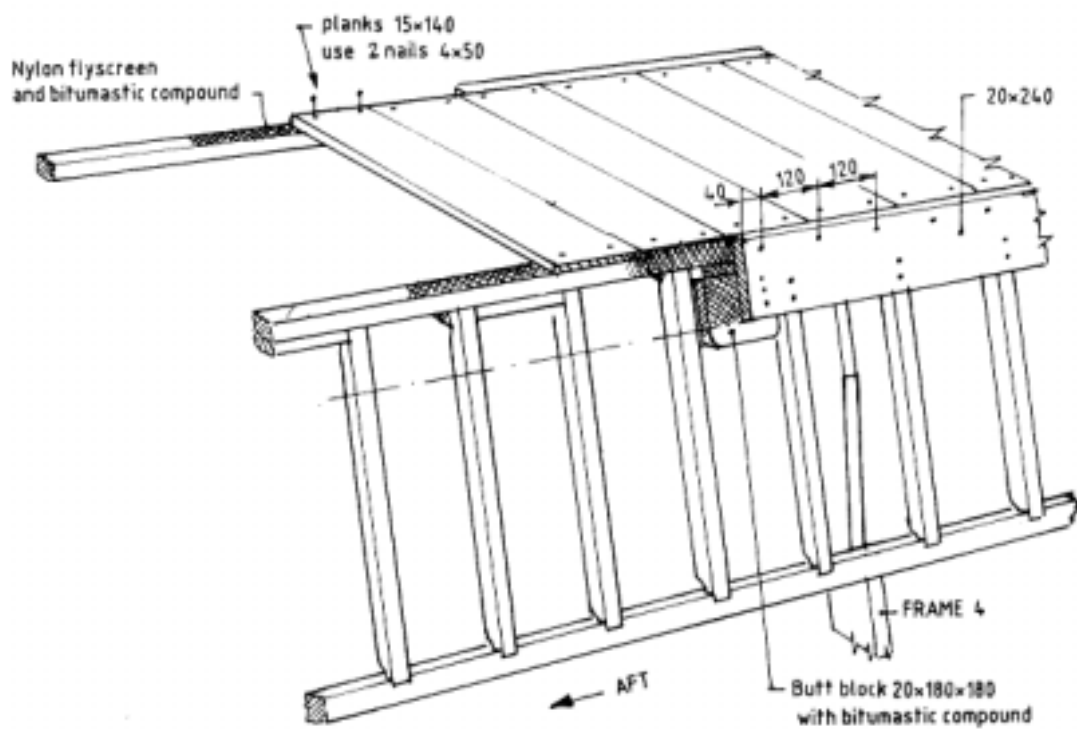




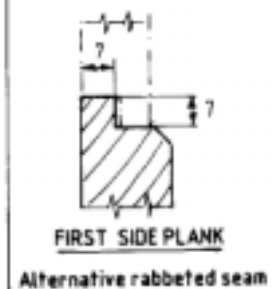
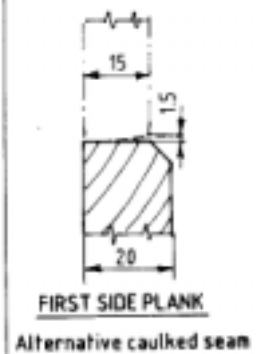
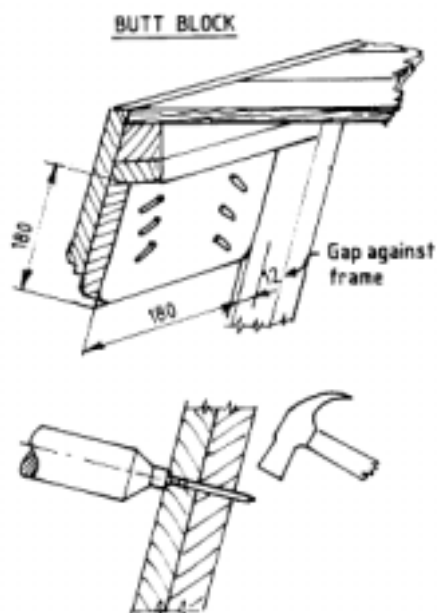
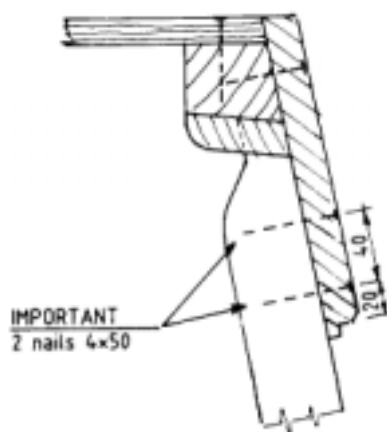
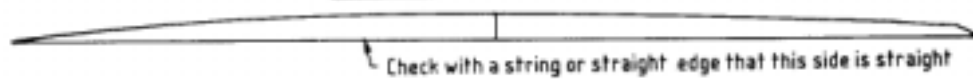


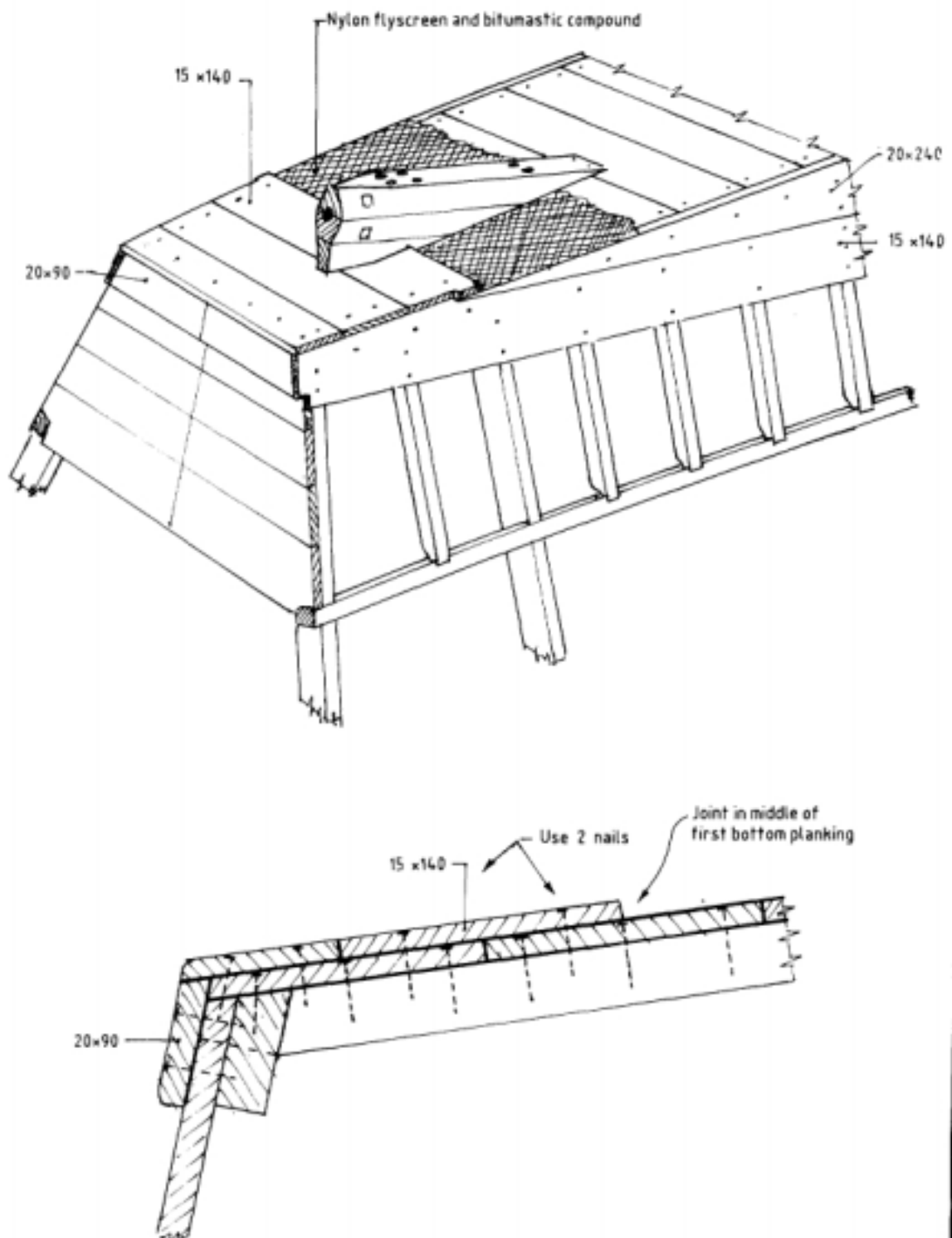
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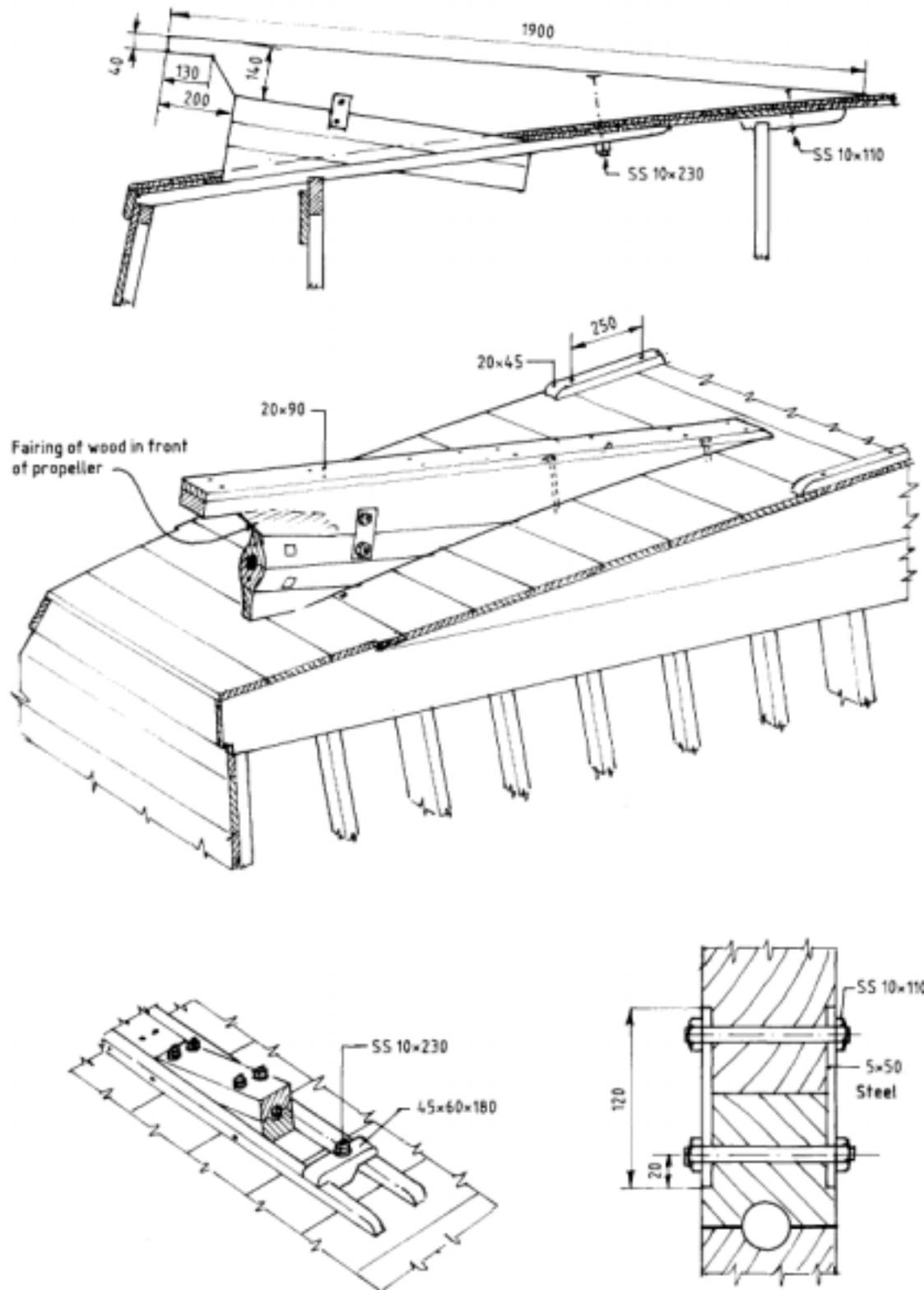


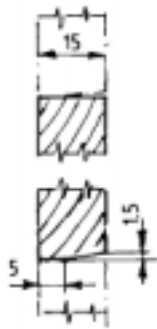
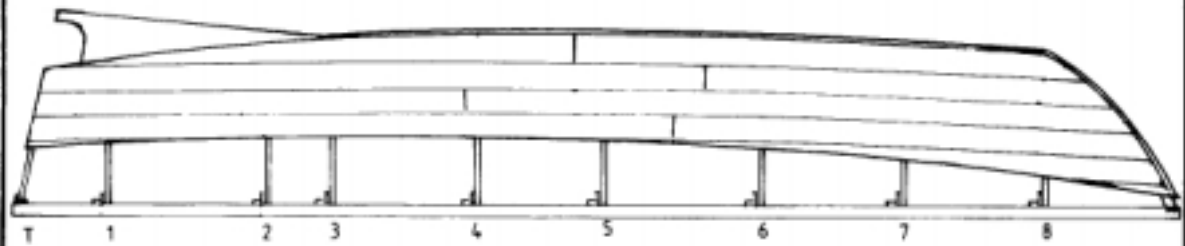


FIRST SIDE PLANK

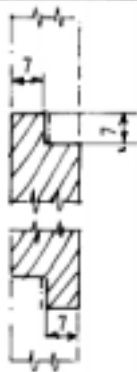
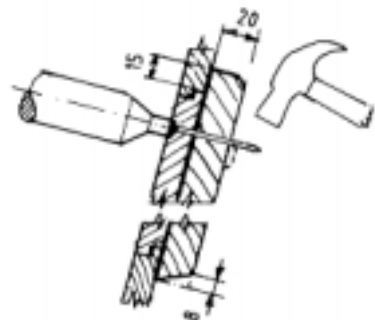
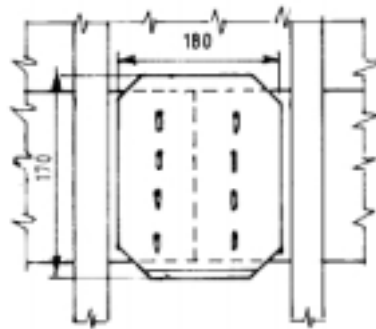




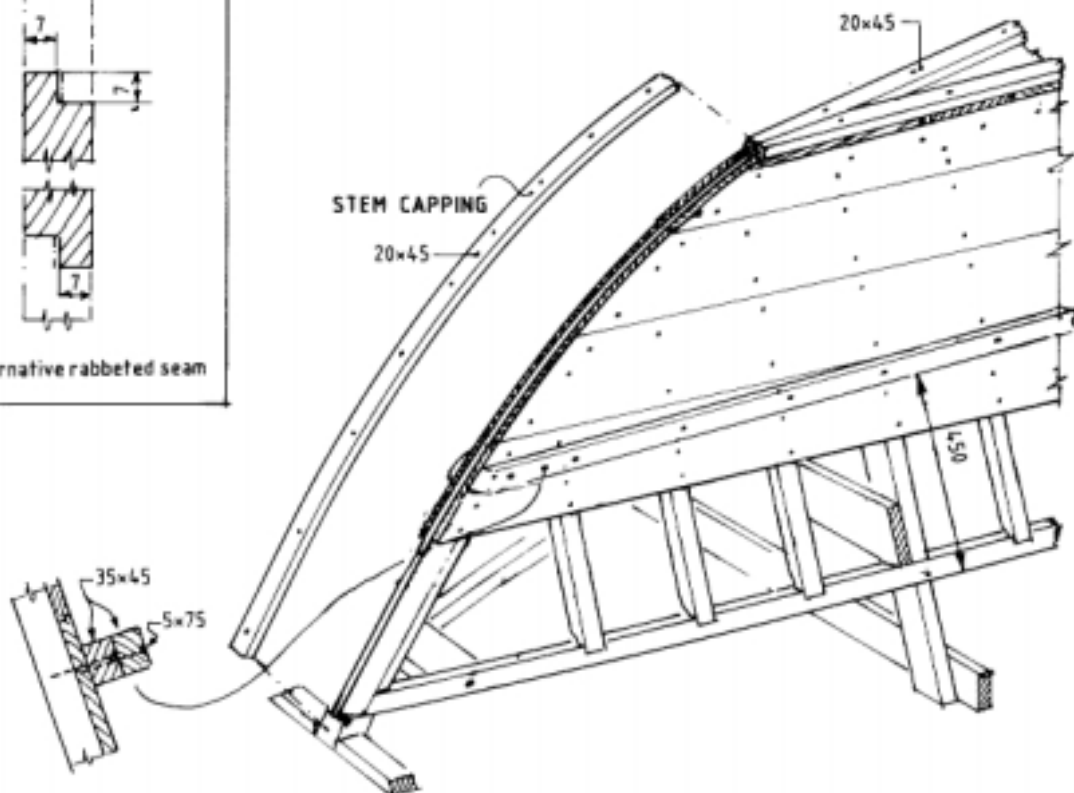




Alternative caulked seam



Alternative rabbeted seam



ALTERNATIVE : RABBETED JOINT WITH BITUMASTIC COMPOUND.



Bitumastic compound

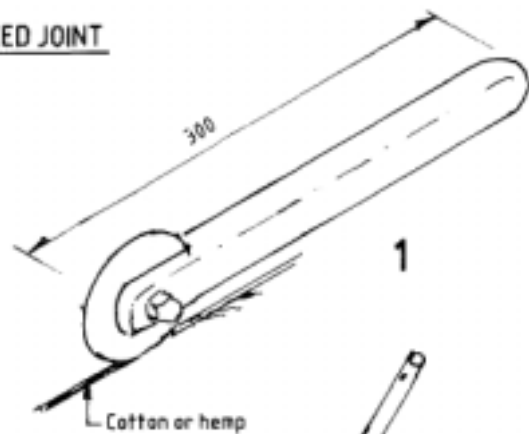
No caulking required unless leak develops

ALTERNATIVE : CAULKED JOINT



Cotton or hemp

putty

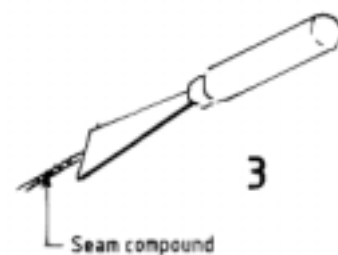


1



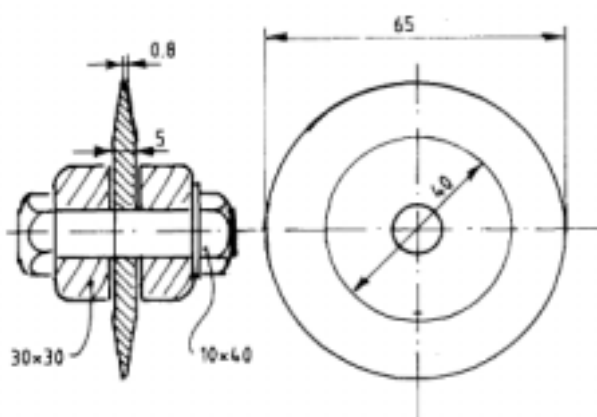
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Thin paint

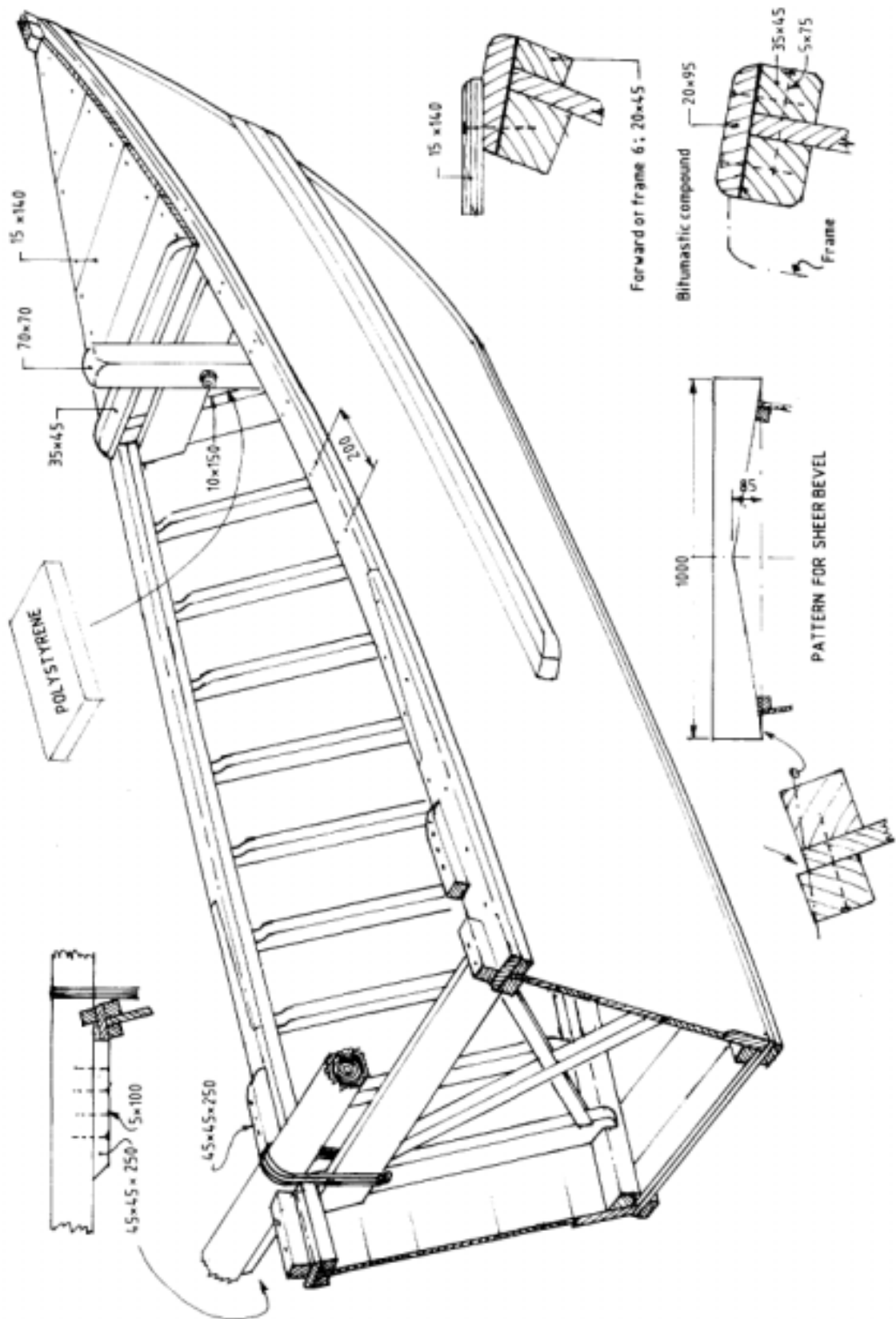


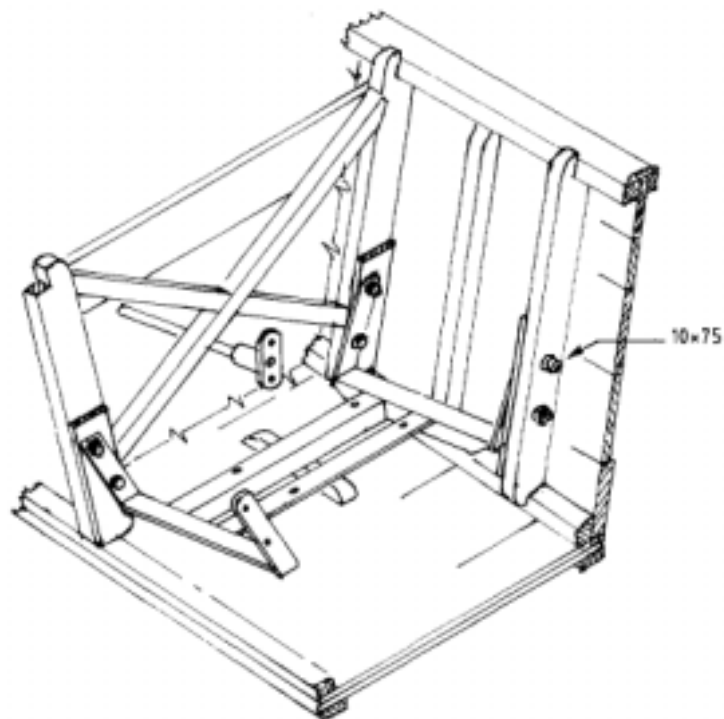
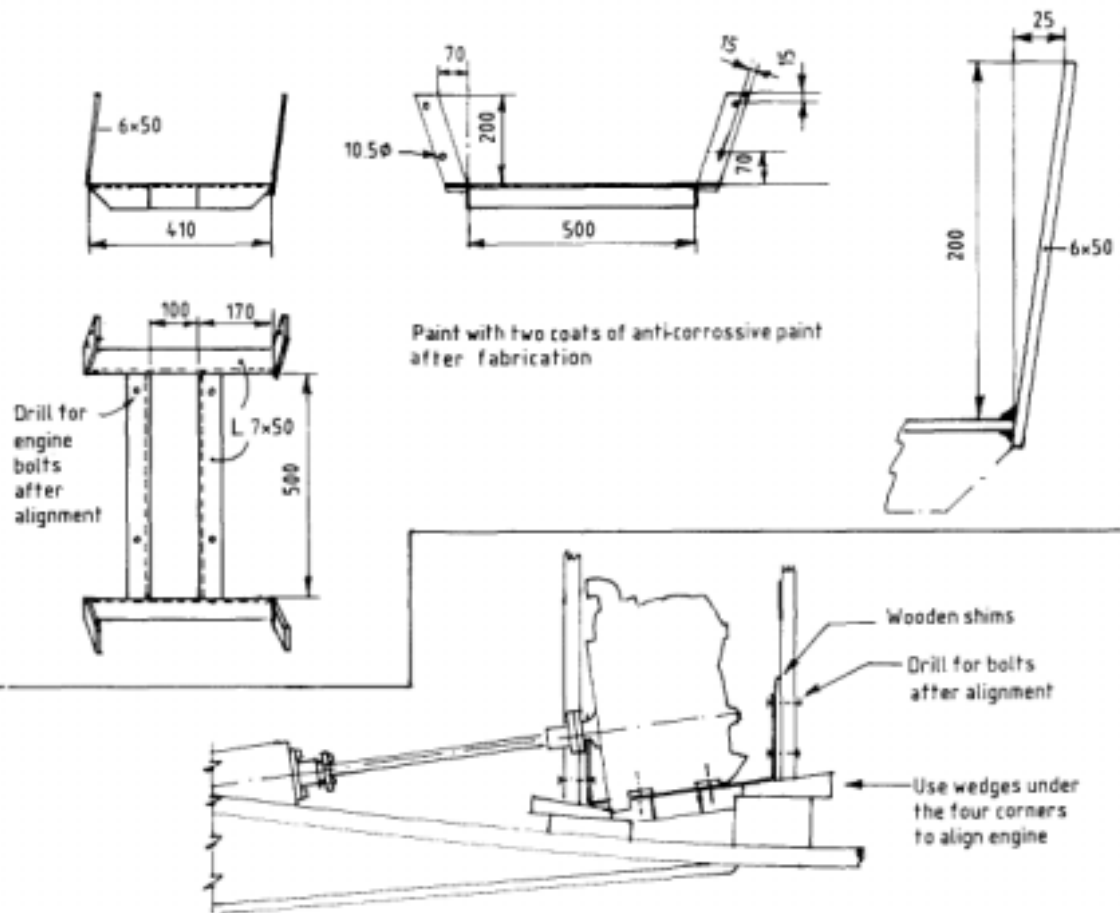
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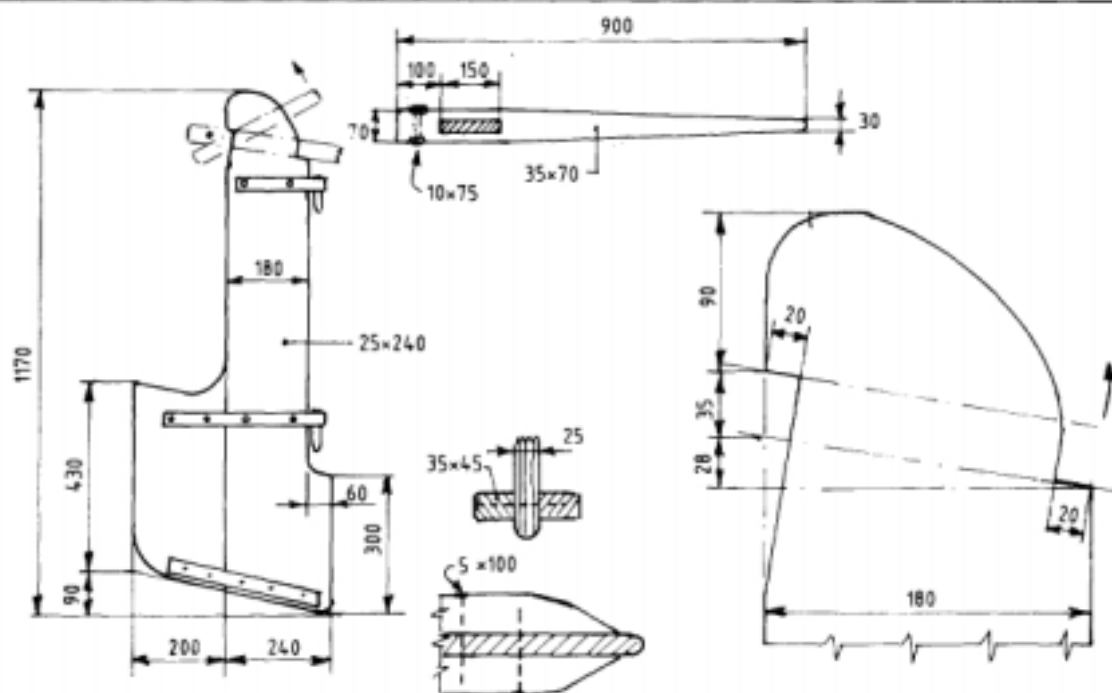
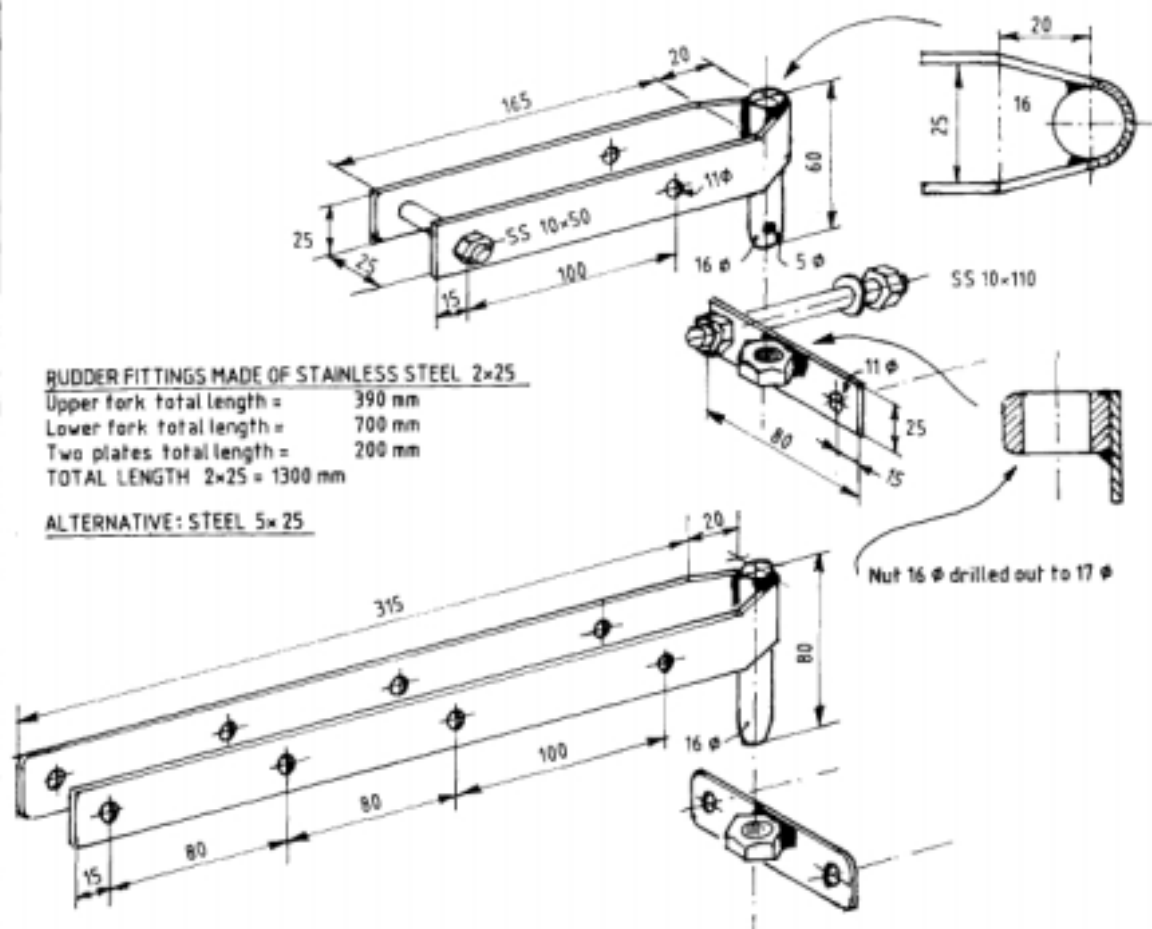
Seam compound

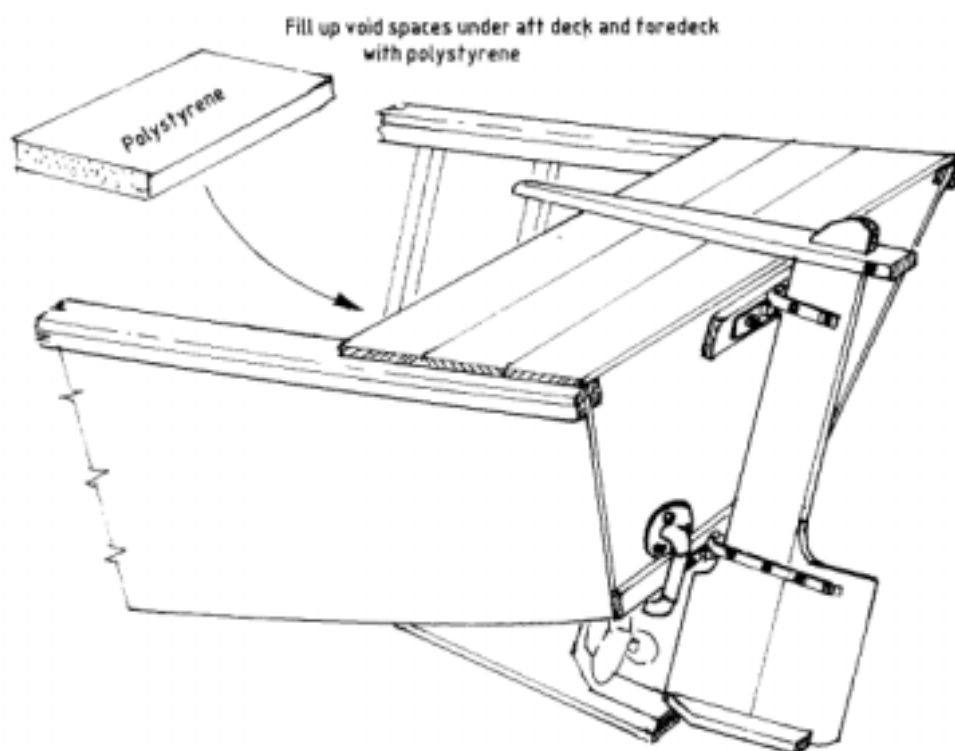
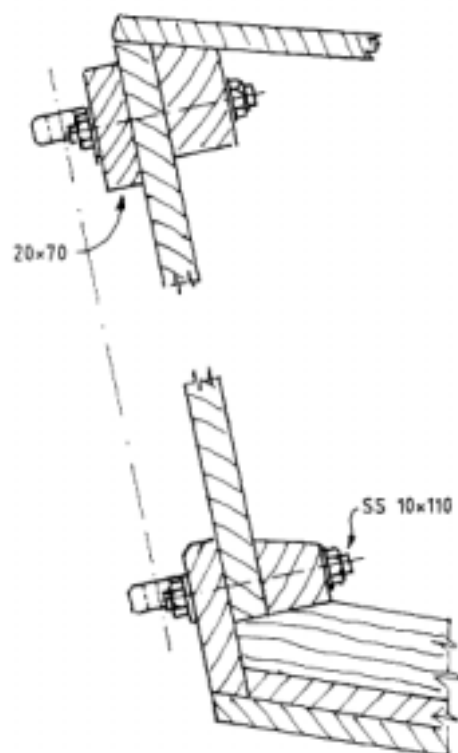
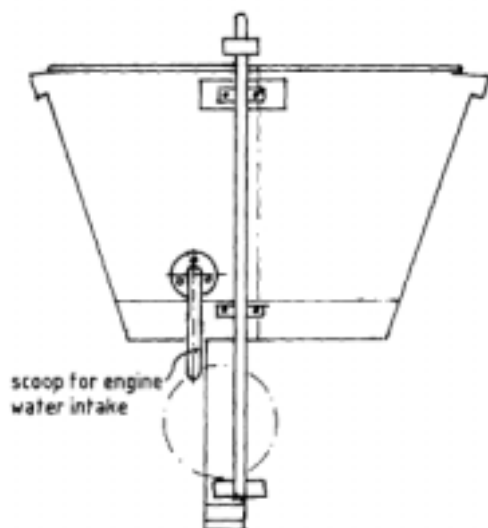


CAULKING WHEEL









ADVANTAGES

Timber for planking can be of short length, minimum 1.4 m

Short planks are easier to fit.

The number of frames are reduced by half.

DISADVANTAGES

If the planking is attacked by toredo worm under the waterline, the whole side has to be changed.

CONSTRUCTION PROCEDURE

The building method is the same as for longitudinal bottom planking, except for the following:

PAGES 1 AND 2. REVISED TIMBER SPECIFICATION

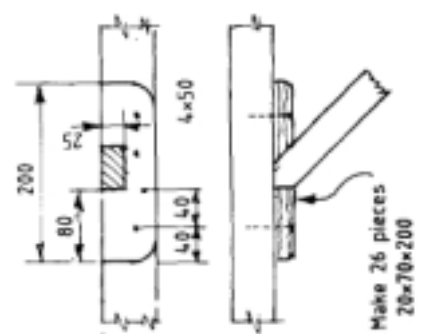
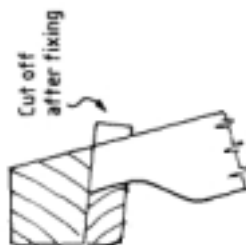
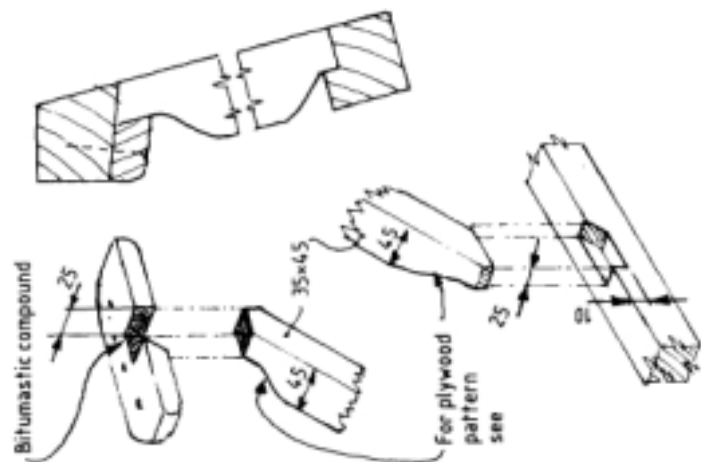
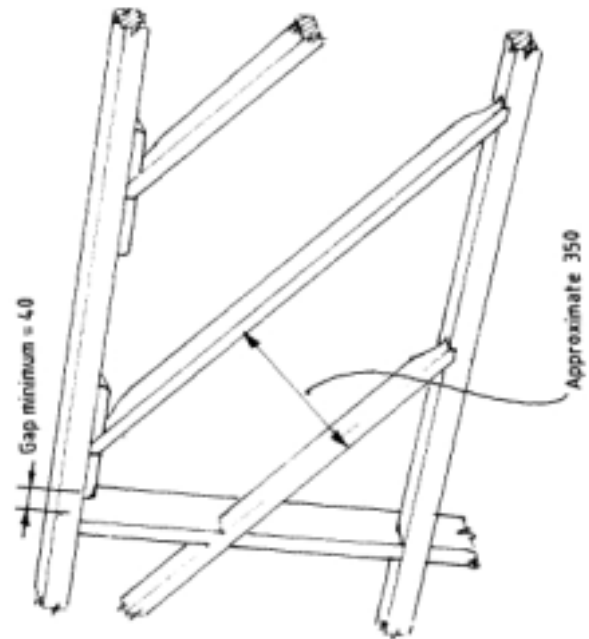
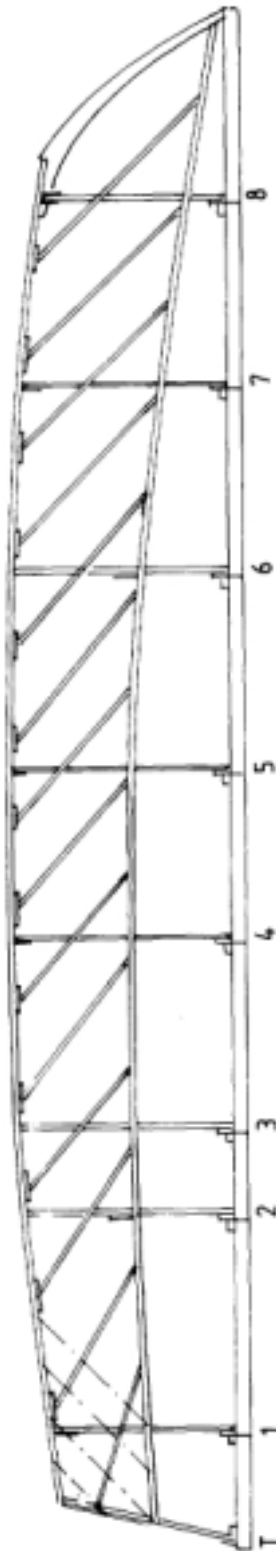
TYPE OF TIMBER	DIMENSIONS SAWN mm	MINIMUM LENGTH m	CORRECTED NUMBER OF PIECES	DIMENSION SPLIT AND PLANED mm
A	25x150	4	1	20x140
	25x150	4	1	20x70
	25x150	4	1	20x45
	40x150	4	1	35x45 35 x 90
	40x150	5	2	35x45 35x90
	40x200	3	2	35x200
	50x150	5	2	45x55 20 x 45
	50x150	5	2	45x45
	50x300	1.8	1	45x300
	75x100	4	1	70x90
	100x200	2	1	90x200
B	20x150	1.4	-	15x140

- Total length is 230 m

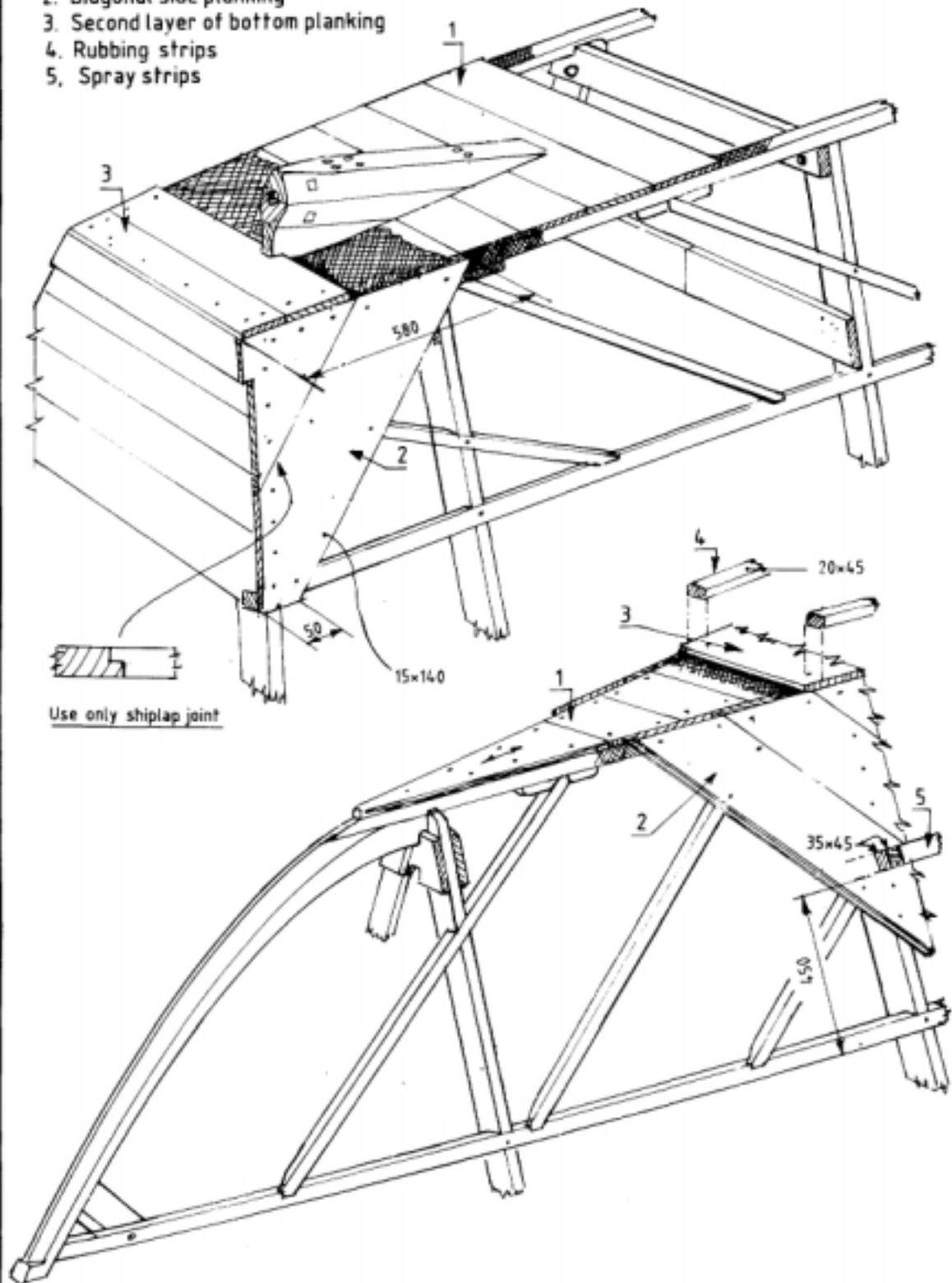
PAGE 3 — Item to be added: Cap head bolts with nuts and washers, Dimension: 8 x 80 mm.

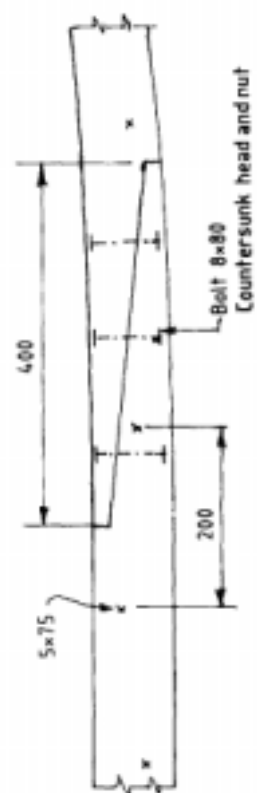
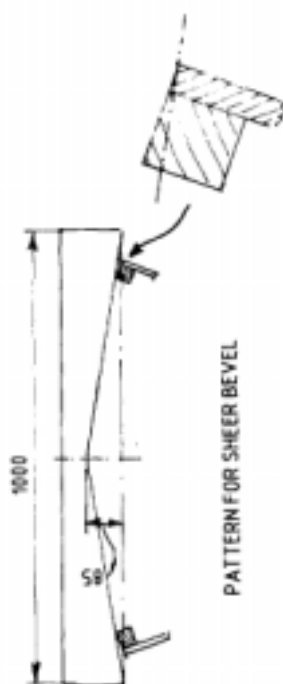
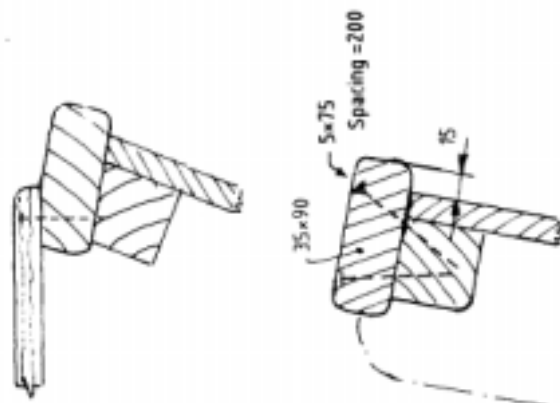
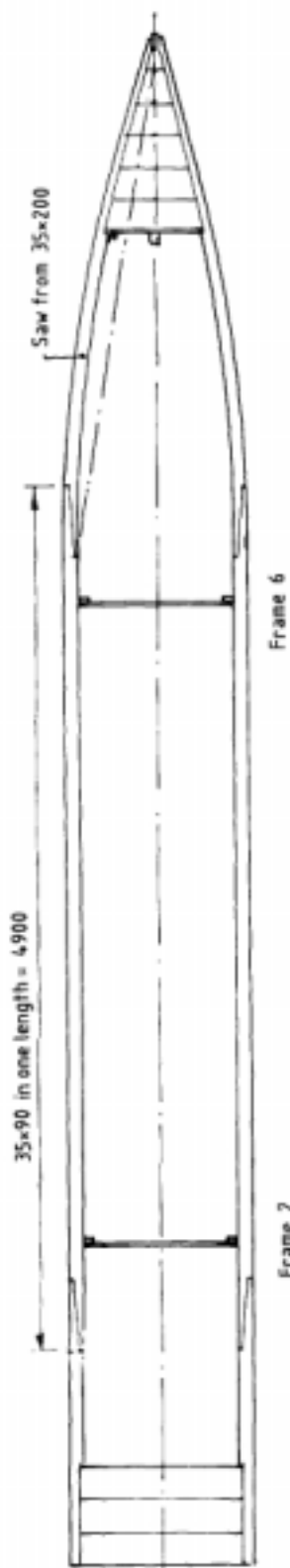
Quantity: 12.

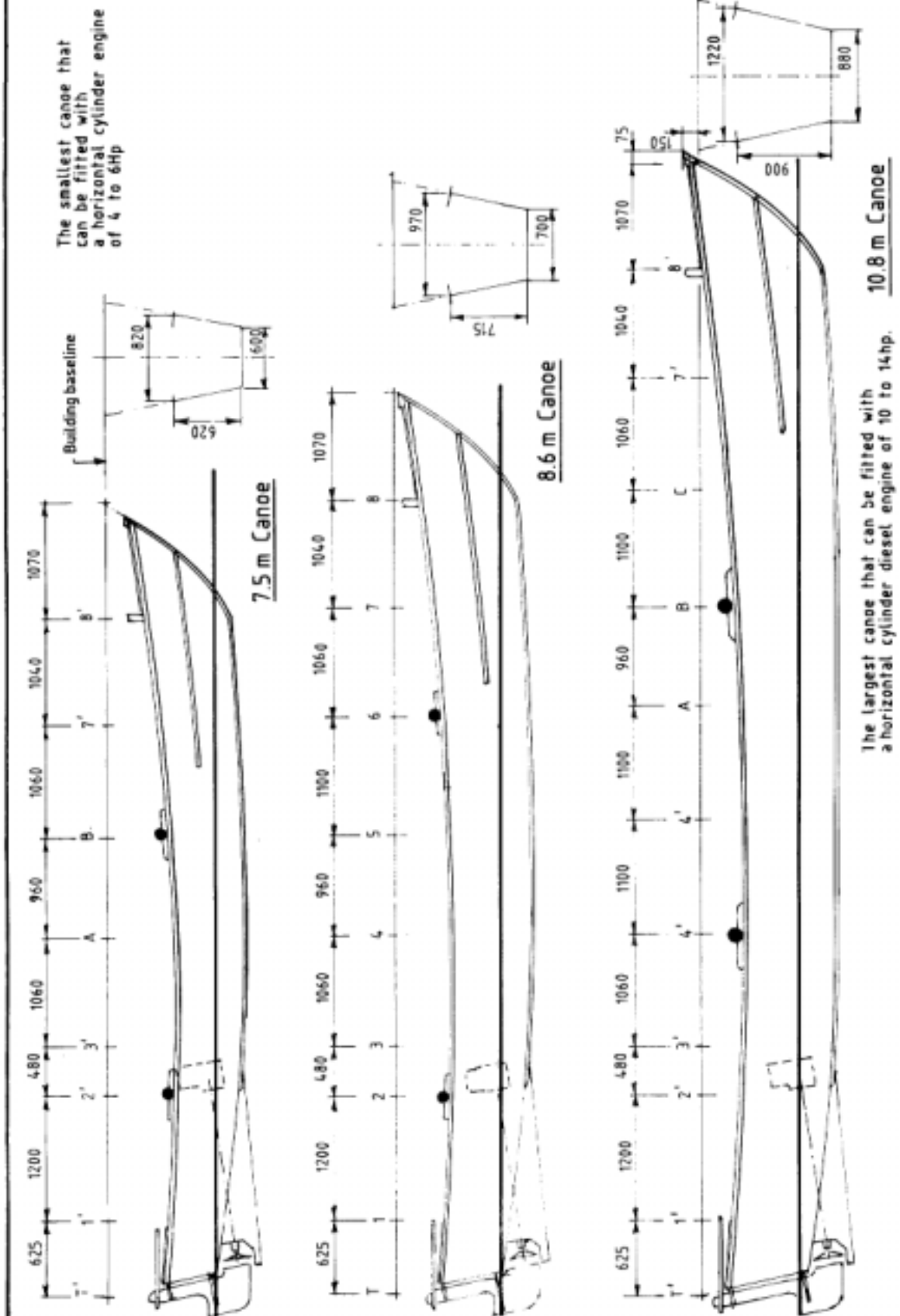
PAGE 23 — See page35

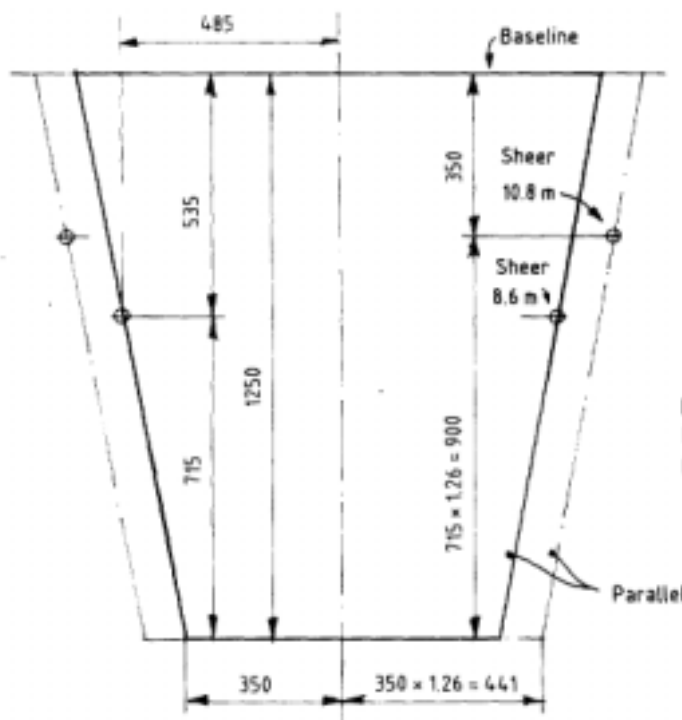


1. First layer of bottom planking.
2. Diagonal side planking
3. Second layer of bottom planking
4. Rubbing strips
5. Spray strips









RULE 1

Frames T, 1, 2, 3 and 4 are changed in proportion to change in length.

EXAMPLE FRAME 4

8.6 m canoe is increased with two frame spacings = $2 \times 1100 = 2200$ to a length of 10.8 m

$$\text{Ratio} = \frac{10.8 \text{ m}}{8.6 \text{ m}} = 1.26$$

Bottom width of 8.6 m canoe = 350

Bottom width of 10.8 m canoe;

$$350 \times 1.26 = 441$$

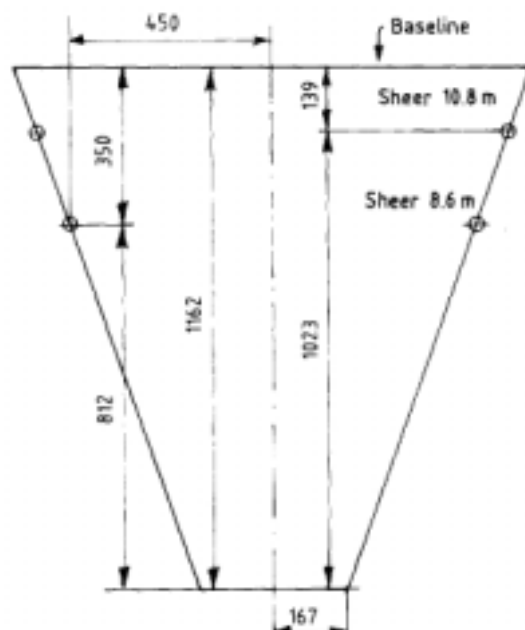
Depth of 8.6 m canoe = $1250 - 535 = 715$

Depth of 10.8 m canoe = $715 \times 1.26 = 900$

Distance from baseline to sheer;

$$1250 - 900 = 350$$

New frame marked 4'



RULE 2

Frame 7 and 8 are not changed in shape. Only the height of the sheer is adjusted.

EXAMPLE FRAME 7

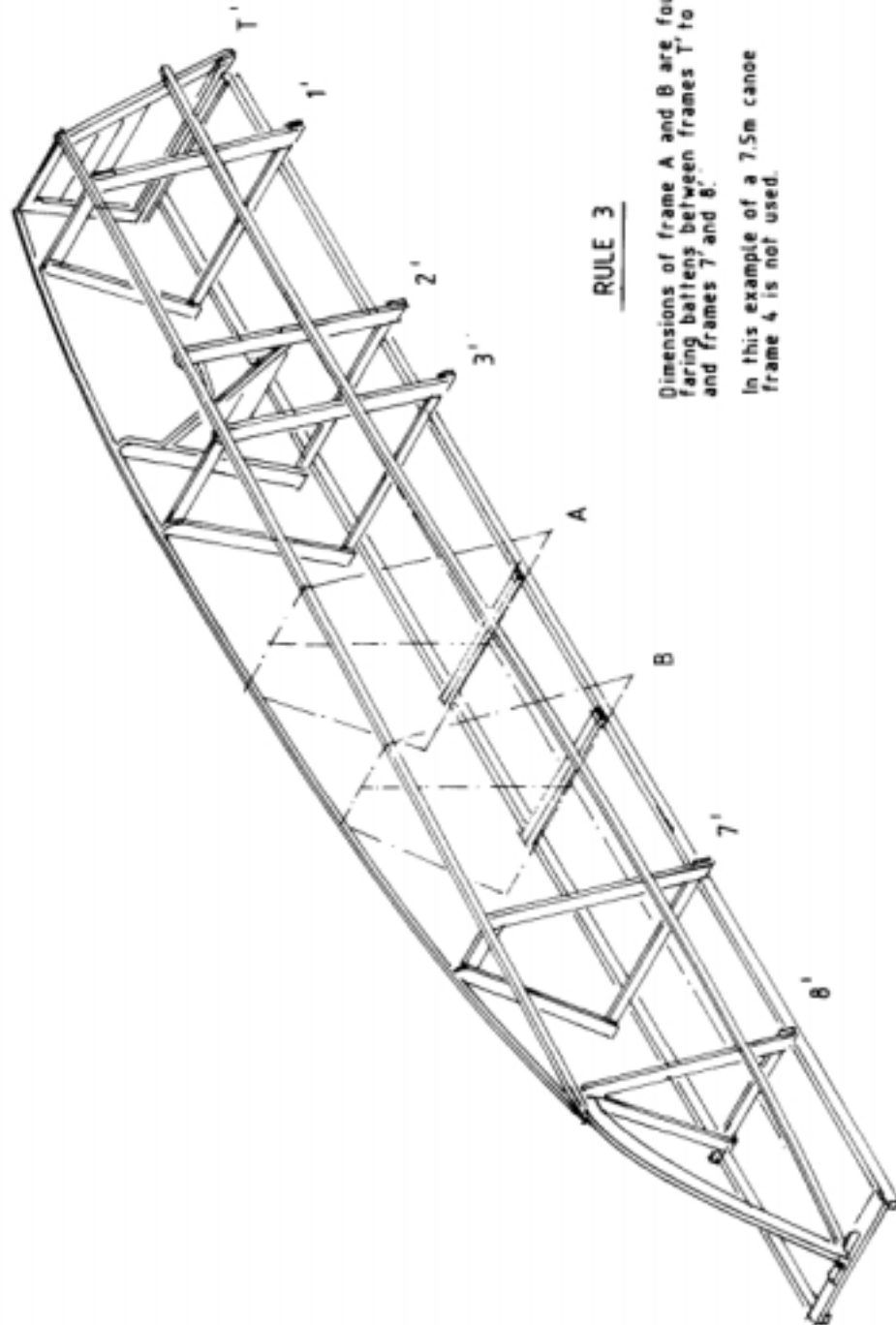
Depth of 8.6 m canoe; $1162 - 350 = 812$

Depth of 10.8 m canoe; $812 \times 1.26 = 1023$

Distance from baseline to sheer;

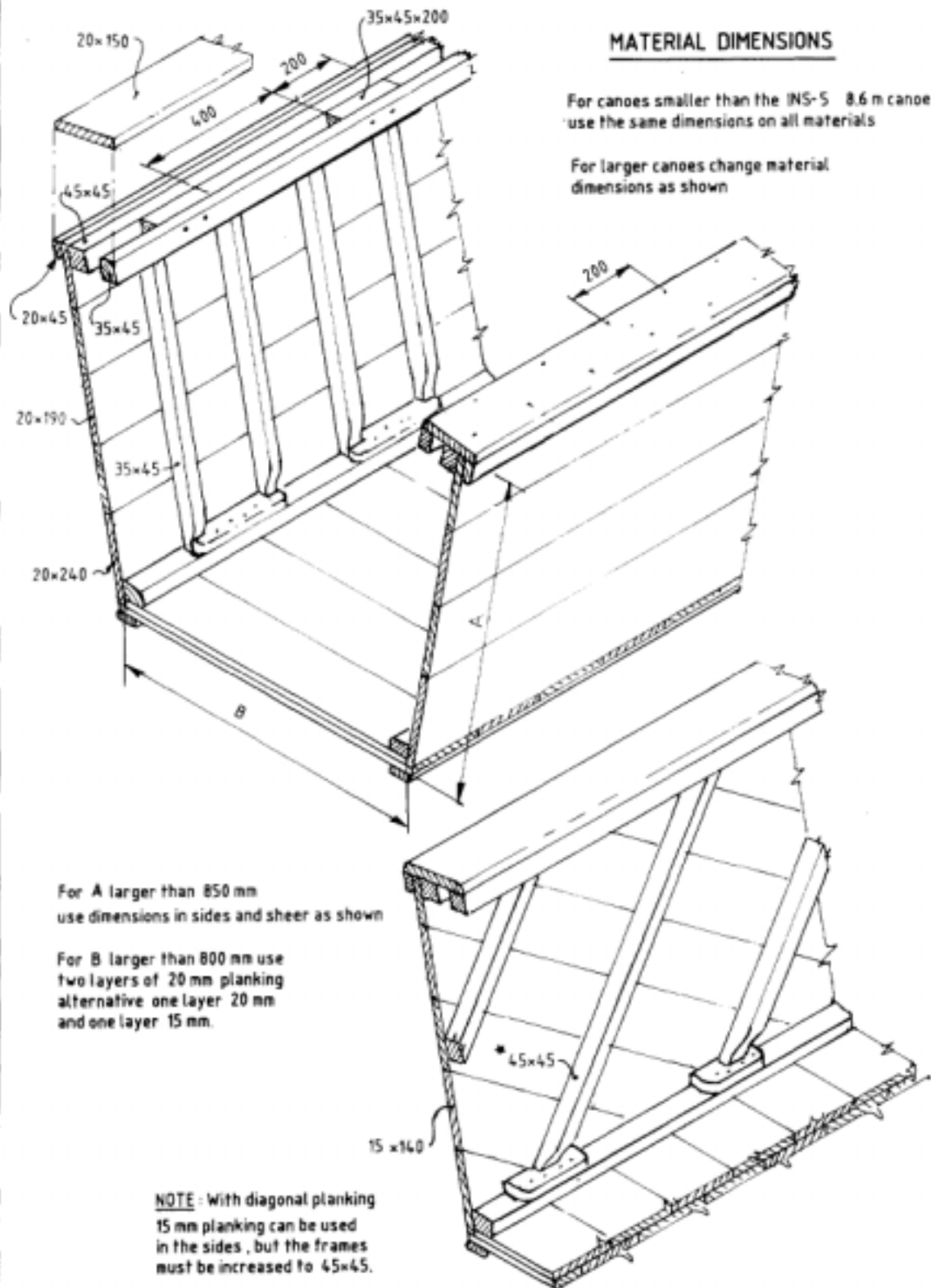
$$1162 - 1023 = 139$$

New frame marked 7'

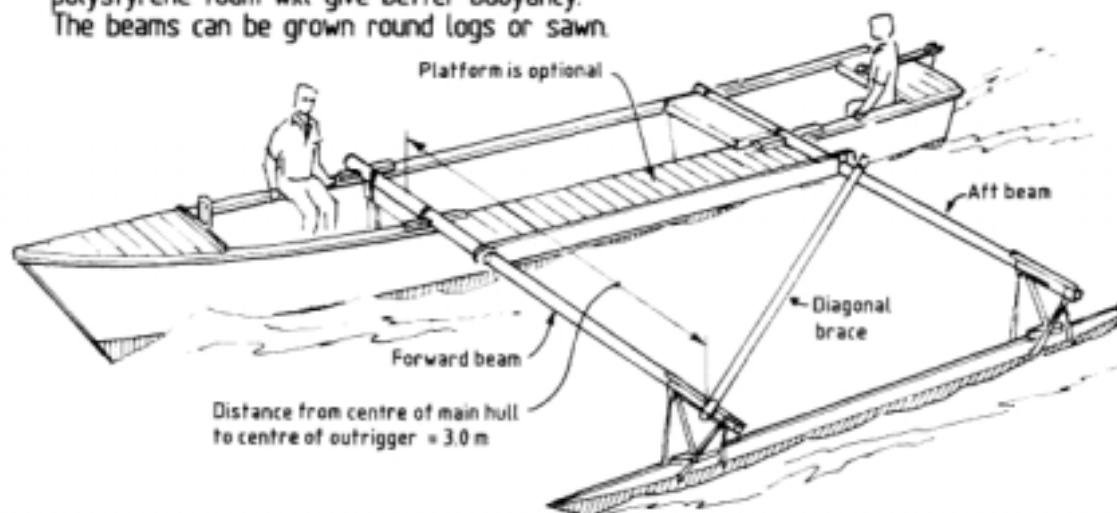
RULE 3

Dimensions of frame A and B are found by using fairing battens between frames 1' to 3' and frames 7' and 8'.

In this example of a 7.5m canoe frame 4 is not used.



A traditional double outrigger with beams can be used, but the single planked outrigger fitted with polystyrene foam will give better buoyancy. The beams can be grown round logs or sawn.



MATERIALS

Not including platform.

TYPE OF TIMBER	DIMENSIONS SAWN mm	MINIMUM LENGTH m	NUMBER OF PIECES	DIMENSION SPLIT AND PLANED mm
A	50 x 125	0.8	1	1 pc 45 x 110 x 200
				2 pc 45 x 45 x 500
	40 x 150	1.1	1	35 x 140
	40 x 50	3.2	2	35 x 45
B	40 x 100	3.0	1	35 x 90
	25 x 200	4.5	6	20 x 190
	25 x 150	3.5	1	20 x 140

Total quantity of sawn timber = 0.18 m³ (6.2 ft³)

Hot dip galvanized nails : 4x50 - 2.0 kg , 5x75 - 0.1 kg

Polystyrene foam in slabs of whatever thickness is available in the market. Total volume = 0.15 m³

For example: 50 mm slabs of 0.5 m x 1.0 m will require 6 pieces

Polyester (Terylene) braided rope for lashings, 5mm or 6 mm. Length = 40 m

Bitumastic compound and nylon flyscreen in joints.

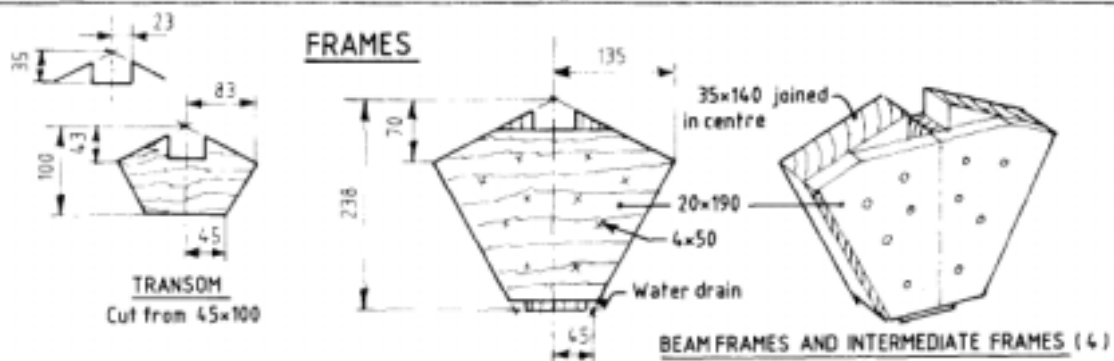
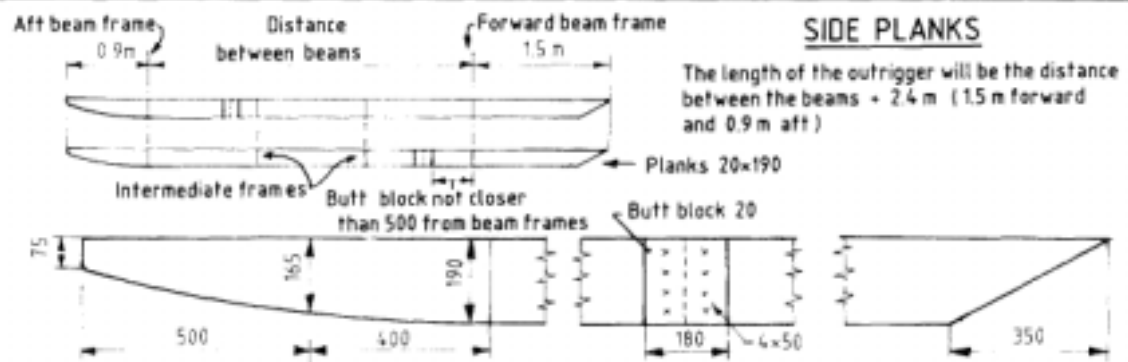
Paint.

Timber must be free from defects and of weight 650 - 750 kg / m

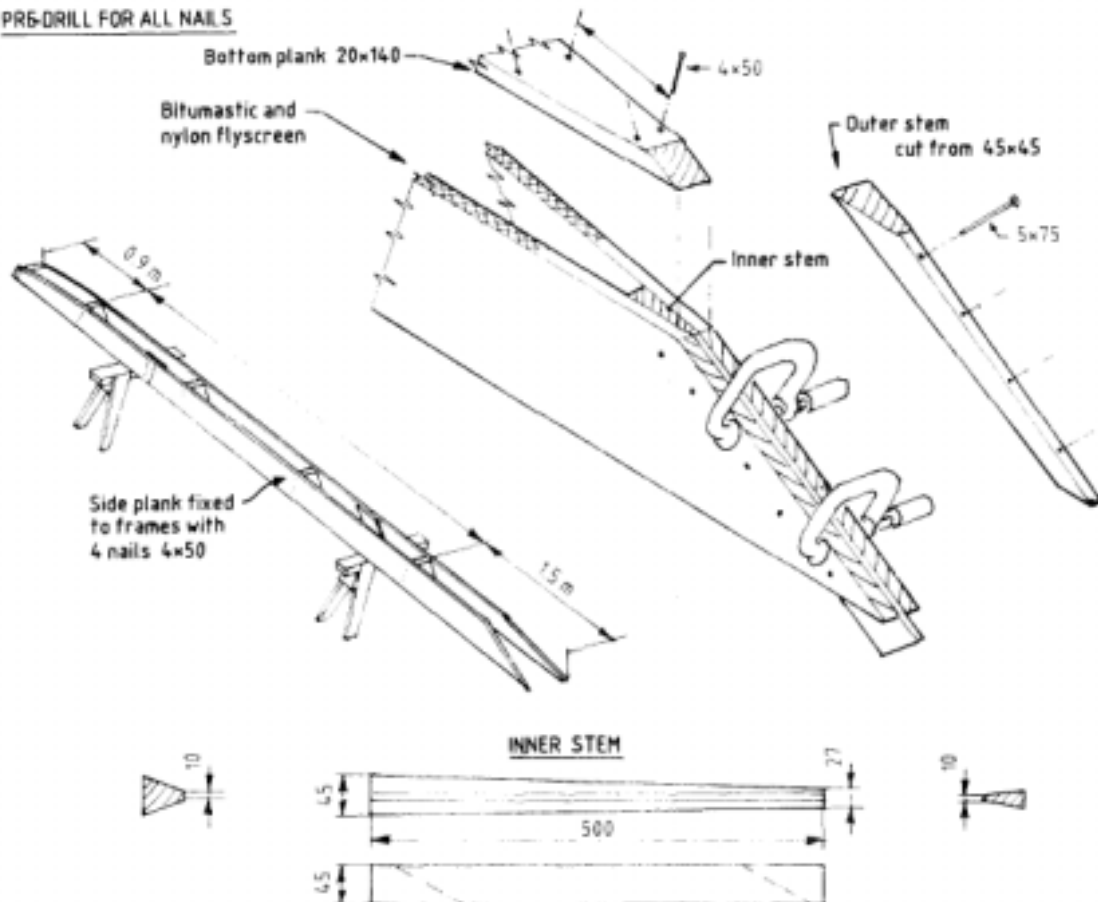
BEAMS

Alternative sawn or grown round logs

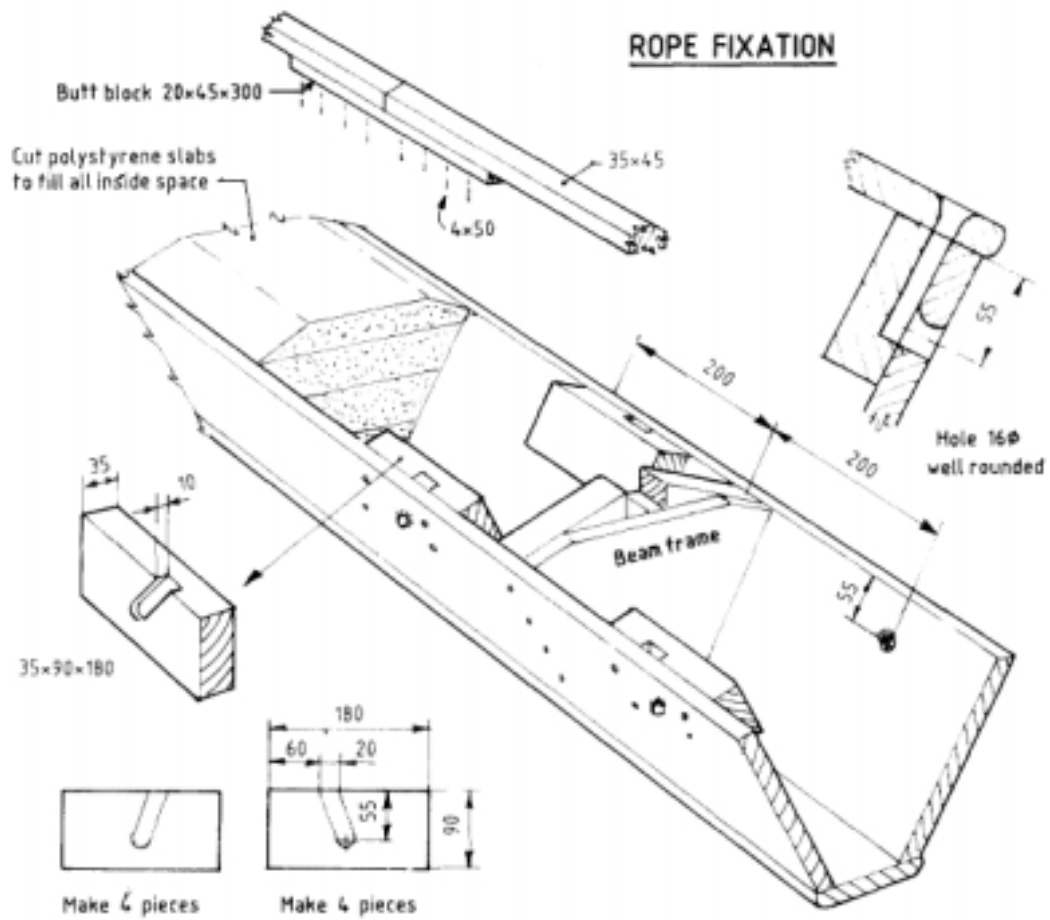
FORWARD BEAM Length = 3.6 m	AFT BEAM Length = 3.6 m	DIAGONAL BRACE Length = 4.5 m
<p>Taper to 90 at outrigger</p>	<p>Taper to 90 at outrigger</p>	



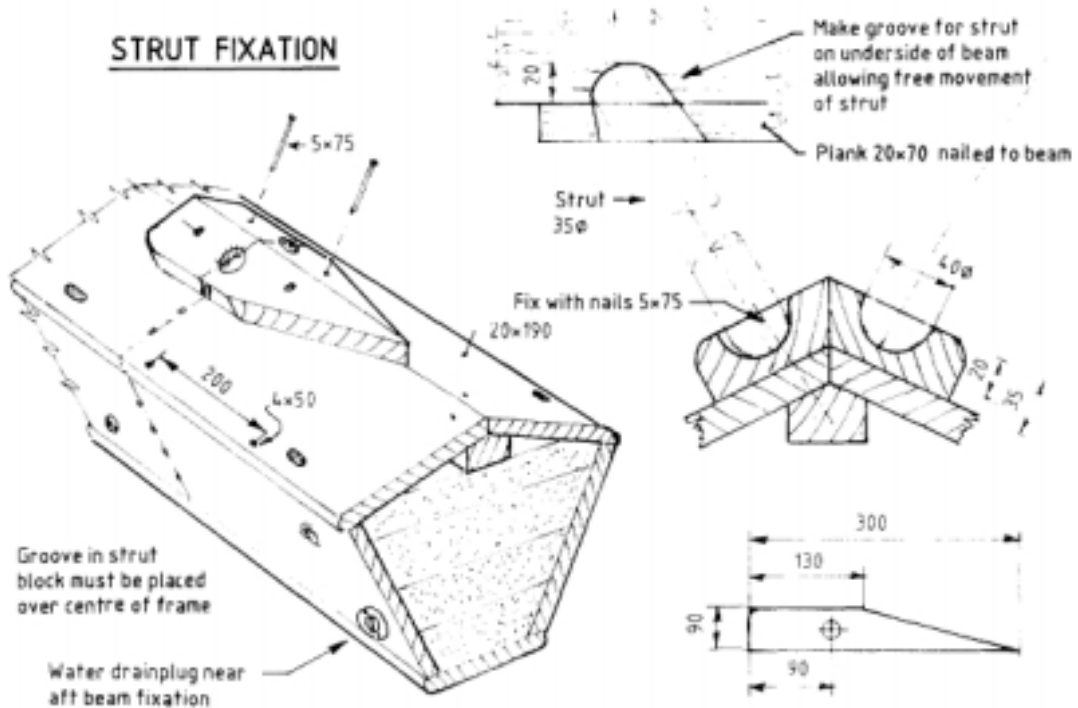
PRE-DRILL FOR ALL NAILS

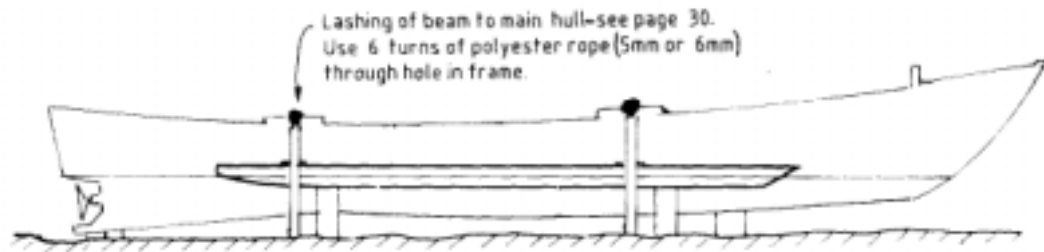


ROPE FIXATION

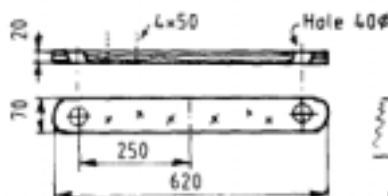
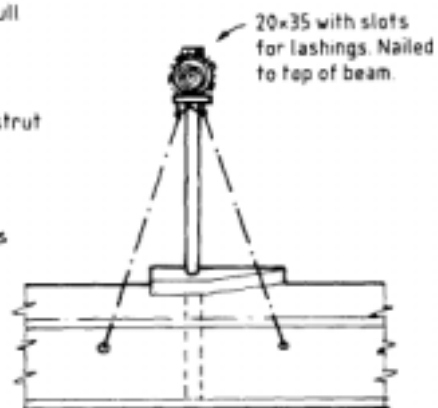
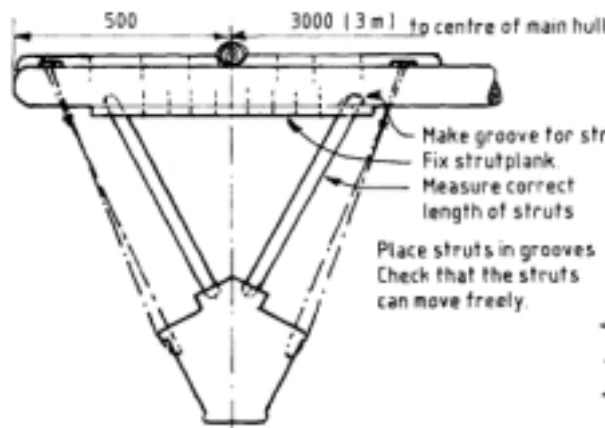


STRUT FIXATION

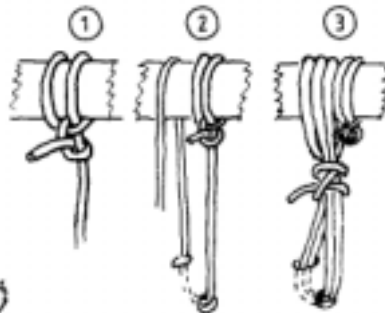




Support the main hull so that the expected waterline is horizontal. Check with spirit level.
Support the beams so that they are level. Support the outrigger in a level position.
Check that the centre distance between the main hull and the outrigger is 3 m.

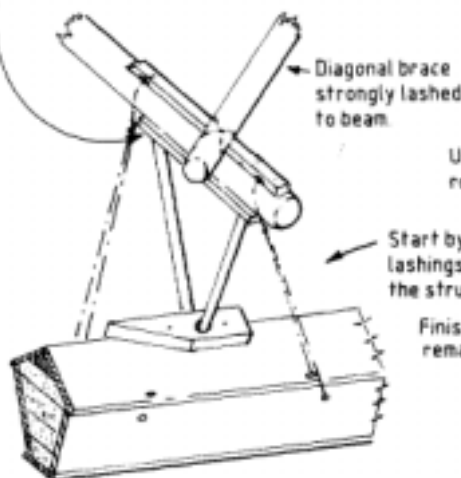


STRUT PLANK



For all lashings use polyester (Terylene) rope, preferably braided, of 5 mm or 6 mm

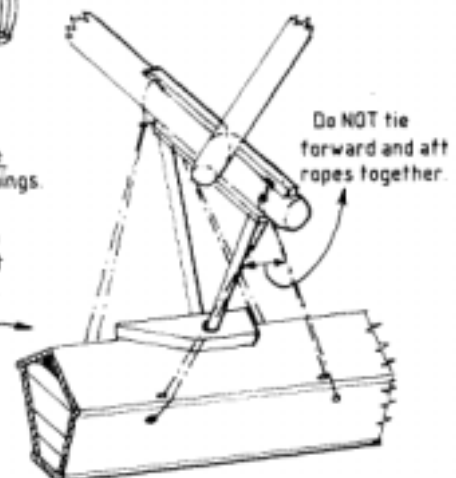
- ① Secure end with a clove hitch and a half hitch
- ② Tie twice through lashing hole in outrigger.
- ③ Secure end with two half hitches.



Use four separate ropes for the lashings.

Start by tying these two lashings first. Check that the struts stay vertical.

Finish with the two remaining lashings.



RE-TIGHTEN THE LASHINGS AFTER THE FIRST TRIP

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Fishing Technology

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Dug-out outrigger canoes, traditional fishing craft found from Madagascar in the west to Indonesia and the Pacific Islands in the east, are made from tree trunks of adequate diameter. But logs for construction of large canoes are becoming difficult to find and construction is consequently becoming more and more expensive. Dug-out construction also wastes a lot of timber. For each dug-out canoe, two or three planked canoes can be built. The Bay of Bengal Programme (BOBP) undertook a project in Nias Island, Sumatera, Indonesia, and Shri Lanka to design and construct planked outrigger canoes that would provide an answer to the problems now being faced in building the traditional outrigger canoes.

The outrigger canoe developed by BOBP was fully tested and found acceptable by fisherfolk in several villages of North Sumatera. This manual, describing the design and construction of this BOBP-designed canoe, is presented in a simple 'how-to-do' format that can easily be used by any boat-builder or carpenter with a little experience. The manual shows, step by step, how to build the main hull of the 8.6 m-long INS-5 canoe using sawn planks. The same methods of construction may be used for canoes from 7.5 m to 10.8 m length.

Though this manual has been prepared specially for small-scale carpenters with basic tools, engaged in the construction of small timber craft in remote villages, it could also be useful for trainers teaching in fisheries schools and extension workers in small-scale fisheries.